



# Mattituck-Laurel LIBRARY

January/February 2025

## Newsletter

### FROM THE DIRECTOR'S DESK

Warm New Year's wishes to our community! Make a New Year's resolution to visit your community library once a week and explore all the wonderful resources and programs we have to offer!

I am proud to announce that our library has won first place in the 2024 Suffolk County Library Marketing Award (SLMA) for our program, *American Girl Celebratory Tea* and Author Talk. Congratulations to the incredible team- Sara Colichio, Sharon Twickler, Marissa Timm, Jerry Matovcik, JoAnne Hruz and Diana Foster - whose hard work and creativity made this award possible.

Please join us in giving a warm welcome to our newest staff member, Martha Terry! Martha has joined us as our new Adult Programming Coordinator, and we're excited about the engaging events and initiatives she'll bring to our community.

We are also proud to recognize local Girl Scouts Hannah and Remi for earning their Silver Award with an incredible project unveiled at the library. Their two works of art educate our community about the impact of marine debris on our beaches and waterways. Stop by to see these meaningful creations and be inspired by their message of environmental awareness. Thank you, Hannah and Remi, for your dedication to making a difference!

Monday, January 27th, marks Holocaust Remembrance Day, and we have several events planned throughout the month to honor and remember this solemn time in history:

- **The U.S. and the Holocaust (Episodes 1-3):** Tuesdays, January 7th, 14th, and 21st, at 1:00 PM.
- **Documentary Screenings:** *Anne Frank Remembered* on Thursday, January 9th, at 1:00 PM, and *Anne Frank: The Whole Story* on Thursday, January 16th, at 11:00 AM.
- **Closing Event:** *One Survivor Remembers: Holocaust Survivor Gerda Weissmann's Life*, a powerful documentary, will conclude the month's programming on Thursday, January 23rd, at 11:00 AM.

We are thrilled to host award-winning journalist **Steve Wick** at the library on **Thursday, January 23rd, at 5:30 PM**. He will discuss his latest publication, *All That Remains*, which chronicles the lives of the last migrant workers in Cutchogue, NY, through first-person accounts of their experiences in the local farming community.

Finally, stay updated on the proposed renovation plans by visiting our website and navigating to about us > renovation update. Join us for an open house regarding the proposed renovation on **Wednesday, February 26th from 4pm - 6pm**. Light refreshments will be served.

Can't wait to see you at the Library!

Warmly,  
Shauna Scholl, Director



☆ We won first place in the 2024 ☆  
Suffolk County Library Marketing Award!

Got Library Love?  
We want to hear from you!



My  
Public  
Library



The Mattituck-Laurel Library is participating in a Suffolk County-wide marketing campaign leading up to Library Advocacy Day on February 5, 2025. In preparation, we want to hear from you! We hope our patrons will share their stories of positivity about the Mattituck-Laurel Library and the important role the library plays in their lives. We greatly appreciate your response!

# January/February Adult Programs

For programs that require a registration fee, the fee may be paid online, or in person at the circulation desk.

## "THE U.S. AND THE HOLOCAUST: EPISODE 1"

**Tues., Jan. 7th, 1-3 p.m.**

After decades of maintaining open borders, a xenophobic backlash prompts Congress to pass its first laws restricting immigration. Meanwhile, in Germany, Hitler and the Nazis begin their persecution of Jewish people, causing many to try to flee to neighboring countries or America. Franklin Roosevelt and other world leaders are concerned by the growing refugee crisis but fail to coordinate a response.

## "ANNE FRANK REMEMBERED" DOCUMENTARY

**Thurs., Jan. 9th, 1:00-3:30 p.m.**

This film assembles rare documentary footage involving the Frank family, including an interview with Anne's father, Otto, the only family member who survived the death camps. We also hear from Miep Gies, the woman so "good at heart," that she risked her life for the Franks. We meet Haneli Gosler, the last survivor to see Anne Frank alive in the Bergen-Belsen concentration camp, before she and her sister died of typhus.

## MAKE YOUR OWN NON-TOXIC CLEANING SOLUTION

**Sat., Jan. 11th, 11 a.m.-1 p.m.**

Let's clean better this year! The new year is the perfect time to freshen up your home. In this class, we will learn why it is important to eliminate toxic chemicals from your home and how to replace them with effective, non-toxic cleaning products that you can make using basic household items such as baking soda, peroxide, vinegar and essential oils. All patrons will leave class with their own natural, non-toxic cleaning product. There is a \$10 nonrefundable fee for this program.

## AN AFTERNOON WITH PORCHLIGHT

**Sun., Jan. 12th, 2:00-3:30 p.m.**

Join us for a delightful afternoon with Porchlight, a musical duo playing one set of songs with violin, bass and vocals followed by a set with guitar, bass and vocals. They will be performing an eclectic mix of all genres and eras: blues, country, folk, progressive rock, originals, soul and even gypsy and TV theme songs.

## FALL PREVENTION

**Tues., Jan. 14th, 10 a.m.**

Learn from Dr. Joy Curran, Family Practitioner at Catholic Health Services, about balance, strength, and how to prevent falls.

## "THE U.S. AND THE HOLOCAUST: EPISODE 2"

**Tues., Jan. 14th, 1-3 p.m.**

As World War II begins, Americans are

united in their disapproval of Nazi brutality but divided on whether to act. Some individuals and organizations work tirelessly to help refugees escape. Meanwhile, Charles Lindbergh and isolationists battle with Roosevelt to try to keep America out of the war. Germany invades the Soviet Union and secretly begins the mass murder of European Jews.

## "ANNE FRANK: THE WHOLE STORY"

**Thurs., Jan. 16th, 11:00 a.m.-2:15 p.m.**

The film, starring Ben Kingsley as Otto Frank, follows Anne Frank and her family from 1939 to 1945, starting with their life in Germany before the Nazis invade the Netherlands. A realistic account of events intended for adult viewers.

## EEPA PRESENTS: WEIGHT LOSS SURGERY (VIA ZOOM)

**Thurs., Jan. 16th, 12 p.m.**

Bariatric Medicine focuses on treating and managing obesity, and other related health conditions, through surgical and non-surgical options. There are minimally invasive surgical procedures that make the stomach smaller, allowing the patient to feel satisfied with less food and fewer calories. Dr. Konstantinos Spaniolas, Director of the Stony Brook Bariatric & Metabolic Weight Loss Center, will discuss surgical and medical options that are safe and are proven to work. This program is sponsored by Stony Brook Southampton Hospital.

## HOOPINESS: A HULA HOOPING PROGRAM FOR ADULTS

**Thurs., Jan. 16th, 5:30 p.m.**

You can hula hoop! Using a variety of adult-sized hula hoops, provided by the instructor, we'll build strength, balance, coordination, learn tricks, choreography, burn calories and most of all, have fun!

## BOOK DISCUSSION: WE'LL PRESCRIBE YOU A CAT BY SYOU ISHIDA

**Thurs., Jan. 16th, 5:00 p.m.**

Join us for a discussion of We'll Prescribe You a Cat, a heartwarming and quirky exploration of the healing power of feline companionship. This delightful book dives into the lives of people navigating stress, anxiety, and loneliness, showing how cats bring unexpected joy, comfort, and connection. Whether you're a cat lover or simply curious about the bond between humans and animals, this discussion will leave you inspired to embrace a little more purr in your life. Please see circulation for a copy of the book.

## "THE U.S. AND THE HOLOCAUST: EPISODE 3"

**Tues., Jan. 21st, 1-3 p.m.**

A group of dedicated government officials fights red tape to finance and support rescue operations. As the Allied soldiers advance, uncovering mass graves and liberating German

concentration camps, the public sees for the first time the sheer scale of the Holocaust and begins to reckon with its reverberations.

## SOCIAL SECURITY BENEFITS AND RETIREMENT

**Tues., Jan. 21st, 5:30 p.m.**

Join Christian LaPeter for this interactive seminar and find out what the best possible choices are for deciding when to take Social Security. Registration is Required.

## "ONE SURVIVOR REMEMBERS": HOLOCAUST SURVIVOR GERDA WEISSMANN'S LIFE

**Thurs., Jan. 23rd, 11 a.m.**

Holocaust survivor, Gerda Weissmann Klein, recounts her six-year ordeal as a victim of Nazi cruelty, including the loss of her parents, brother, friends, home, possessions, and community. This is a story about the strength of the human spirit, the story of a woman who survived the Holocaust and emerged with her humanity intact.

## ALL THAT REMAINS, AUTHOR TALK WITH STEVE WICK

**Thurs., Jan. 23rd, 5:30-7:00 p.m.**

Steve Wick is a 30-year veteran journalist who has won dozens of reporting and writing awards and shared Newsday's Pulitzer Prize for Spot News reporting for the newspaper's coverage of the crash of TWA Flight 800. He is the author of four non-fiction books: Bad Company: Drugs, Hollywood and the Cotton Club Murder; Heaven and Earth: The Last Farmers of the North Fork; The Long Night: William L. Shirer and The Rise and Fall of the Third Reich; and lastly, this book, All That Remains. All That Remains is enriched with poignant photographs by former Newsday photographer and Steve's esteemed coworker Viorel Florescu.

## LUCILLE BALL PORTRAYAL (VIA ZOOM)

**Thurs., Jan. 23rd, 7:00 p.m.**

In the 1950s, comedienne Lucille Ball captured the hearts of television audiences across the nation. Her wacky hijinks and fearless enthusiasm kept thousands laughing. Off-screen, she and her real-life husband Desi Arnaz launched their own television studio and pioneered new technologies. But what does it mean when an onscreen legend clashes with her offscreen reality? In this historical portrayal, historian and actress Leslie Goddard brings Lucy to life, paying tribute to both the true comic legend and the real woman behind the myth. \*This program is co-sponsored by Southold Free Library and North Shore Public Library.

## NEW YEAR, NEW CAREER

**Sat., Jan. 25th, 10:30 a.m.**

Join us for a talk with Employment Counselor Frank Pomata, who assists unemployed Suffolk residents to explore career options, polish their



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resumes, address employment barriers, and prepare for interviews so they can re-enter the workforce or reinvent their career by pivoting in a new direction. He will provide helpful tips drawn from his own life experience and his current job, answer questions, and share information about the various FREE services available to jobseekers through his employer, the Suffolk County Department of Labor, and other resources.

## LATIN DANCE LESSON WITH MICHELLE VICALE-SMITH

**Tues., Jan. 28th, 5:30 p.m.**

Looking for a fun night out? Look no further! Professional dancer and instructor Michelle Vicale will be teaching basic steps of two popular Latin dances, salsa and merengue. No experience necessary and no partner needed!

## THAI LETTUCE WRAPS AND GLAZED SHRIMP WITH CHEF ROB

**Thurs., Jan. 30th, 5:30 p.m.**

Get ready to devour Thai lettuce wraps with beef and scallion made with ground beef, ginger carrots and green onions. Also on the menu is glazed shrimp with a Chinese plum sauce. All you have to bring is your appetite. There is a \$10 nonrefundable fee for this program.

## FROM DENIAL TO DISCUSSION: PUTTING A HUMAN FACE ON MENTAL ILLNESS

**Sat., Feb. 1st, 10:30 a.m.**

Join us for a talk by Mental Health Advocate and Mattituck resident Frank Pomata who will help "put a human face on mental illness" by sharing his journey with mental illness. He will also be debunking some common myths about persons with mental illness, provide tips on suicide prevention, and identify some East End mental wellness resources. It's time to shatter the silence around mental illness and stamp out the stigma so people realize "it's OK not to feel OK" and feel safer asking for help and know where to find it. \*Trigger Warning: Attendees should be aware this workshop will include discussion of suicide and suicide survival. If you find yourself experiencing emotional pain or discomfort, please call the 9-8-8 National Crisis and Suicide Hotline.\*

## HOODOO LOUNGERS IN CONCERT

**Sun., Feb. 2nd, 1:30-3:00 p.m.**

Since 2010, the HooDoo Loungers have been performing their original blend of Classic Souls and New Orleans Funk and Jazz at concert halls and music venues up and down the east coast. With three CDs of original music and a selection of all time Soul and New Orleans classics they deliver an exciting show for all ages. This performance is co-sponsored by Southold Free Library.

## HEART HEALTH

**Tues., Feb. 4th, 10 a.m.**

Learn from Dr. Jasmine Philip, Family Practitioner at Catholic Health Services, about the best ways to keep your heart healthy.

## QI GONG 4-CLASS SERIES WITH ED MORENO

**Tuesdays:**

**Feb. 4th, 11th, 18th, 25th, 5:30 p.m.**

QiGong is a health exercise derived from Chinese martial arts. Designed to help with balance and strength using slow movements to challenge the body. It is useful for all levels of strength. This is a 4-class series. All registrants will automatically be enrolled in all four classes. There is a \$20 nonrefundable fee for this class.

## GOOD VIBRATIONS: SOUND JOURNEY WITH MUSIC THERAPIST KATHY PASCA

**Thurs., Feb. 6th, 5:30 p.m.**

Nurture your mind and body in this immersive listening experience. Various instruments including crystal singing bowls, ocean drum, Native American flute, and tuning forks will be played, inviting therapeutic and restorative processes that calm your mind, body and nervous system, providing relaxation and a feeling of well being. Wear comfortable clothing and bring a yoga mat or something to lay on. You're also welcome to bring a blanket, pillow, eye mask, fuzzy socks, and anything else that will help you feel more comfortable.

## LONG ISLAND AND THE LEGACY OF EUGENICS (VIA ZOOM)

**Fri., Feb. 7th, 7:00 p.m.**

At the turn of the century, on Long Island and throughout the nation, eugenicists were allowed, unchecked, to conduct experiments on prisoners, psychiatric patients, Coney Island circus performers, Native American reservation members, and more, all in an effort to legitimize a false science. Join author Mark Torres as he discusses his compelling new book, Long Island and the Legacy of Eugenics: Station of Intolerance. Don't miss this riveting look at a long unacknowledged aspect of our local history. An East End Libraries Event hosted by Shelter Island Public Library.

## CREATE YOUR OWN GREETING CARDS

**Sat., Feb. 8th, 11a.m.-2p.m.**

Join this creative session where participants design and re-create 4 whimsically floral greeting cards by hand. This workshop is ideal for individuals of all skill levels, from beginners to experienced crafters. The cards make lovely gifts, can be assembled with ease, and any recipient would be delighted to receive one of these handcrafted cards from you. Sentiments include: "sending love," "birthday wishes," "thanks," and "get well soon."

## BUILD YOUR OWN CHEESE AND CHOCOLATE BOARD

**Mon., Feb. 10th, 5:30 p.m.**

Learn how to create your own cheese and chocolate board with Raven Janoski of the Village Cheese Shop. Raven will share tips about how to make a beautiful cheese board and guide you step-by-step through the process. You will leave the library with a beautiful cheese board that you can create again and again. There is a \$10 nonrefundable fee for this program.

## OWLS OF LONG ISLAND (VIA ZOOM)

**Thurs., Feb. 13th, 5:30 p.m.**

Hoo's calling in the night? Long Island is home to several native owl species, each playing a crucial role in LI's ecosystems as skilled nocturnal hunters. Join the Quogue Wildlife Refuge for a slideshow presentation to explore their unique behaviors, habitats, and the important conservation efforts to protect them. This program is co-sponsored by Southold Free Library.

## GROUNDBREAKING BLACK COMEDIANS (VIA ZOOM)

**Thurs., Feb. 20th, 5:30 p.m.**

Godfrey Cambridge, Redd Foxx, Dick Gregory, Flip Wilson, Nipsey Russell, Richard Pryor, Bill Cosby, and Eddie Murphy! In this very unique presentation, we will celebrate the incredible contributions these eight comedians brought to the world of comedy. Each, in their own distinctive voice, introduced an incomparable style of comedy to the world, breaking racially prejudiced barriers along the way.

## EMPANADA MAKING WITH MARIA'S MEXICAN COOKING

**Sat., Feb. 22nd, 12-1:30 p.m.**

During this hands-on class, participants will learn to make their own empanada dough and fill your empanada with chicken, fine chopped tomatoes and onions, or cheese. Toppings will be provided and include Mexican sour cream, Cotija cheese and Mexican green sauce. These empanadas are gluten free. There is a \$10 non-refundable fee for this program.

## UNDERSTANDING THE NATURE OF SELF: A FUNCTIONAL AND LIFESTYLE APPROACH TO MODERN MEDICINE

**Thurs., Feb. 27th, 5:30 p.m.**

Dr. Emily Anne McDonald, MD (Lifestyle Medicine) and Dr. Stephenie Pisacano, ND (Functional Medicine, Naturopathic Medicine) will guide you towards developing a system for sustaining lifelong health. This in-depth discussion will focus on how Functional Medicine and Lifestyle Medicine techniques can be used to promote the body's own healing capacity and how health can be inherited by future generations.

# Youth and Parenting Department

Please register for programs using the online calendar.

## BIRTH-PRESCHOOL

### BABIES BOOGIE

**Thursday, January 9**  
**Ages Birth – 2 years**  
**10 a.m.**

Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

### TODDLERS TANGO

**Thursday, January 9**  
**Ages 25 months – 3 years**  
**11 a.m.**

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

### PARENT/CHILD RHYME AND PLAY

**Wednesdays,**  
**January 15 – February 12**  
**10 – 10:45 a.m.**

**Ages 18 months – 3 years**  
Spend quality time with your child through play and art activities along with a circle time of songs.

### BABIES BOOGIE

**Monday, February 3**  
**Ages Birth – 2 years**  
**4 p.m.**

Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

### TODDLERS TANGO

**Monday, February 3**  
**Ages 25 months – 3 years**  
**5 p.m.**

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

### SNOW MUCH FUN

**Tuesday, February 18**  
**Families**  
**4 p.m.**

Enjoy "snow" craft activates with your family.

### LIBRARY DINER ADVENTURES!

Join us in our Diner Dramatic Play area this February! Children will enjoy practicing reading, math, social skills, and more, all while having fun!

### MONTHLY SCAVENGER HUNT

Find all the characters (we will provide clues if you want) and choose a prize from the treasure chest.

## KINDERGARTEN – 6TH GRADE

### LEGO K-6

**Monday, January 6**  
**Grades K-6**  
**4 p.m.**

Use library LEGO to create your design. We will place it on display in our LEGO case.

### READ TO A DOG

**Monday, January 13**  
**Grades K-6**  
**4 p.m.**

Sitting down and reading out loud to a dog creates a fun and safe experience. Each child will have a 10 minute reading slot.

### TERRA COTTA POT SNOWMAN

**Tuesday, January 14**  
**Grades 2-6**  
**4 p.m.**

Design your snowman.

### HULA HOOPING FOR KIDS

**Thursday, January 16**  
**Grades K-3rd**

Join Jeanne for this fun hula hooping time.

### DROP IN RETRO VIDEO GAMES

**Friday, January 17**  
**2:30 p.m. - 4:30 p.m.**

Join us in the Tween Place and enjoy some old school games.

### MINECRAFT SNOWMAN'S PARADISE

**Thursday, January 23**  
**4:30 p.m. – 6:30 p.m.**  
**Grades K-3**

Players will design their own snowman and then enjoy a snowball fight.

### LEGO K-6

**Tuesday, February 4**  
**Grades K-6**  
**4 p.m.**

Use library LEGO to create your design. We will place it on display in our LEGO case.

### SOCK PUPPET FUN

**Thursday, February 6**  
**4 p.m.**  
**Grades K-6**

Create your own sock puppet with our craft supplies.

### DROP IN RETRO VIDEO GAMES

**Friday, February 7**  
**3:00 p.m. - 4:30 p.m.**

Join us in the Tween Place and enjoy some old school games.

### SNOWMAN SNACKS AND STORY

**Thursday, February 20**  
**4 p.m.**  
**Grades K-6**

Enjoy snow stories and snacks.

### READ TO A DOG

**Monday, February 24**  
**Grades K-6**  
**4 p.m.**

Sitting down and reading out loud to a dog creates a fun and safe experience. Each child will have a 10 minute reading slot.

## FAMILY PROGRAMS

### **SNOWMAN S'MORES**

**Thursday, January 9**

**4:00 p.m.**

It might be cold outside, but Snowman s'mores will warm you up.

### **BEARS IN BOOKS**

**Monday, January 13**

**4 – 4:45 p.m.**

Meet some Bears in stories. Enjoy a snack And make a craft.

### **FAMILY STORY TIME WITH A GROUNDHOG**

**Tuesday, January 28**

**4 – 5 p.m.**

Join the Evelyn Alexander Wildlife Center for a Story with a groundhog. Will the groundhog see his shadow? After the story and photo op, make a ground hog craft.

### **TAKE YOUR CHILD TO THE LIBRARY**

**Saturday, February 1**

**1 p.m.**

Science Heroes Adventure of the Lost Treasure Join us on a fun and interactive "treasure-hunting" adventure deep within the jungle! The entire audience helps the performer act out the tale as we use the events in the story to explore several exciting science concepts! Volunteers from the audience conduct each experiment as together we learn all about: air pressure physical & chemical changes transfer of energy changing variables, making a hypothesis and more!

### **LLAMA LLAMA STORYTIME**

**Tuesday, February 11**

**4 p.m.**

Enjoy the stories from Anna Dewdney and meet Llama. Paint your own Llama bank.

### **JUMBO FOAM CONSTRUCTION BLOCKS**

**February 17 - 25**

In the Children's Room. Drop in and Design. The Jumbo Foam Construction Set is a realistic 99 piece block set for colossal constructions! Soft, lightweight foam building blocks designed to look just like real cinder blocks, bricks, planks and concrete pavers. Light and safe foam bricks and planks are easy for kids to build tall structures without fear of heavy blocks tumbling down on kids. Develop fine and gross motor skills while encouraging creativity and constructive problem-solving. Recommended for ages 2 and up.

## WELCOME 6TH GRADERS TO THE TEEN DEPARTMENT!

6th graders now have the best of both worlds! You can register for all our children's and teen programs and enjoy access to our full range of services. Stop by the library today to explore what we have to offer!

## COMMUNITY SERVICE OPPORTUNITIES

\*Please email [marissa@mattlibrary.org](mailto:marissa@mattlibrary.org) for any community service inquires.\*

### Grab and go kits are available on an ongoing basis:

- \*Write a Book Review
- \*Decorate a Bookmark.
- \*Kindness Rocks.
- \*Community Service Bingo.
- \*Braided Dog Toys.
- \*Letters to Veterans.
- \*Cards for seniors.
- \*Postcards for children in hospitals.
- \*Seasonal mini canvas paintings (while supplies last).
- \*Follow us on social media: Facebook (Mattituck-Laurel Library.) Instagram (@matt\_teens.)



### LIBRARY ADVOCACY DAY:

We are looking for teens to share what they love about the library for a marketing campaign leading up to Library Advocacy Day in February. Teens who participate can earn 1 hour of community service! Scan QR code to access survey.

## PROGRAMS:

### PAINTING PARTY FOR TEENS (COMMUNITY SERVICE OPPORTUNITY!)

Sat., January 11th, 12:00pm

Come to the library for a relaxing night of seasonal mini canvas painting and hot chocolate. Bring your creativity and appetite for a great time with friends. Teens will be able to paint one canvas to bring home and one to donate to the library and earn community service.

### DISNEY MUSIC TRIVIA AND TACOS

Tues., January 14th, 5:30pm

Join us for an epic evening of Disney music trivia and tasty tacos! Compete with friends to guess Disney songs and movie moments, while enjoying some delicious tacos. The winner will receive a prize!

### HERSHEY'S KISS BLINDFOLD CHALLENGE

Thurs., January 23rd, 5:30pm

Put your taste buds to the test in the Hershey's Kiss Blindfold Challenge! Blindfolded, you'll try different flavors of Hershey's Kisses and guess the flavor. Can you tell the difference between milk chocolate, caramel, peppermint, and more? Sweet prizes for the best tasters!

## WINTER SKATING PARTY FOR TEENS

Wed., January 29th, 1:00-3:00pm

Looking for fun while you are off from school? Join us for a fun afternoon of skating to music and sipping on warm hot chocolate! Meet at the Greenport American Legion to enjoy a private library skating event with friends. Roller skate rental included or you can bring your own. Let's go!

## SUCCESSFULLY NAVIGATING COLLEGE ADMISSIONS THIS FALL VIA ZOOM

Wed., February 5th, 7:00pm

This presentation will be led by Ron Feuchs and Jackie Tepper, partners at Stand Out for College, LLC. ([www.standoutforcollege.com](http://www.standoutforcollege.com)) In this program they will discuss current college admissions trends, admissions strategies, the changing test-optional environment, the importance of researching and visiting colleges to find schools that can be a good fit for your child, a timeline and other action steps that can be taken to make this fall productive and help reduce the stress around the college admissions process.

## GAMING NIGHT AT THE RIVERHEAD TANGER OUTLETS

Fri., February 6th, 7:00-9:00pm

Meet us for a private library only adventure to Game On Retro Arcade to play over 100 video arcade games set to free play! No quarters needed! It's going to be a great night you don't want to miss!

## HEART SHAPED COOKIE DECORATING CONTEST

Mon., February 10th, 5:30-6:30pm

Show off your decorating skills in our sweet and creative Heart-Shaped Cookie Decorating Contest! Decorate heart-shaped cookies with frosting, sprinkles, and more for a chance to win fun prizes. Whether you're a pro or a beginner, it's all about having fun and making something delicious!

## CRAFTING TOYS FOR CATS AND DOGS

Tues., February 18th, 4:30pm

Help bring joy to furry friends in need! In this hands-on community service project, teens will craft toys for cats and dogs to be donated to a local animal shelter. It's a fun way to make a difference while earning community service hours. All materials will be provided.

## DIY VANILLA SCENTED HAND LOTION

Thurs., February 27th, 4:00pm

Winter weather can leave hands feeling dry and cracked, but we've got you covered! Join us for a fun, hands-on workshop where you'll create your own moisturizing hand lotion with a soothing vanilla scent. Perfect for keeping your skin soft during the chilly months or as a thoughtful handmade gift. All materials will be provided.



### ATTENTION TEENS: We want to hear from you!

As we plan for a potential library renovation, we want to hear from you. This survey gives you the opportunity to share your thoughts on the current teen space and suggest ideas for future improvements. Your feedback is important in helping us create a space that fits the needs of teens like you.

**Additionally, if you complete a survey, you can print and drop it off at the library (do not include your name) and earn 1 hour of community service!** Just place it in the designated box by reference and let a staff member know you've submitted your survey. Your response will remain anonymous.



## On-Going Classes/Services & Book Discussions

### GENTLE YOGA

**Wednesdays: Jan. 22nd & 29th; Feb. 5th, 12 & 26th;  
March 5th, 5:15 p.m.-6:45 p.m.**

Certified instructor Rosemary Martilotta leads this gentle yoga class, which combines postural alignment, conscious breathing, deep relaxation and energy awareness. All abilities welcome. Please bring a yoga mat or towel. This is a six-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. There is an \$80 fee for this series. Walk-ins are \$20 per class. Payments can be made online via credit card or in person at the circulation desk via cash or check.

### CHAIR STRENGTH AND STRETCH

**Mondays: Jan. 6th, 13th & 27th; Feb. 3rd, 10th, & 24th;  
9:15 a.m.**

Fitness instructor Laurie Short will help you improve your strength, mobility, posture, balance and flexibility during seated and (some) standing exercises. You will use tubing, balls, bands and gliding discs. This one-hour class will keep you moving to the music of the 60s, 70s and 80s. This is a six-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. No walk-ins; all participants must be registered in advance. \*Please bring a pair of 3-4 pound dumbbells.\* There is a \$30 fee for this series that can be made online via credit card or in person at the circulation desk via cash or check.

### CAREGIVER SUPPORT GROUP

**Mondays: Jan. 13th & Feb. 10th, 10:00 a.m.-11:30 a.m.**

Build a support system with people who understand. Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical information on challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources.

### MEDICARE COUNSELING

**Third Thursday of each month, 1:30 p.m. - 3 p.m.**

These 30-minute sessions are by appointment only. Please sign-up online or call the Library. HICAP is a counseling service that assists Medicare-eligible persons with information about benefits, enrollment, insurance, and other options.

### ONE-ON-ONE TECHNOLOGY APPOINTMENTS

**Tuesdays and Wednesdays by appointment**

Schedule an appointment with our technology coordinator, Sharon, if you have questions about a device, the Internet, e-books or any other software issue. Please come prepared with a specific question, fully-charged device, and know your passwords. Time slots are 30 minutes long. It may be necessary to schedule a follow-up appointment if the issue is complex.

## In the Library Art Gallery



**JANUARY AND FEBRUARY**

*"Untitled" – M. Meehan*

### A Group Show by the Good Ground Artists Good Ground Artists

a group of artisans who produce art for everyone from realistic to abstract, avant garde, and surreal. Good Ground Artists has been exhibiting extensively in Suffolk County for over 10 years. Clovis Winery and the Water Mill Museum are just two places that exhibit the group's work annually. Our artists hail from Hauppauge to Southold, and from Moriches to East Hampton. All are invited to a reception being held in the Library's Art Gallery on Sunday, January 5th, from 1-3 p.m.

**CALL FOR ARTISTS:** If you wish to exhibit your artwork at the Mattituck-Laurel Library, please contact our Gallery Coordinator, Diana Foster, at 631-298-4134 ext. 110.



Since 1898, volunteers of the Seamen's Church Institute (seamen's church.org) have crocheted, packed and distributed gifts to mariners for their Christmas at Sea program. These mariners were miles away from home during the holidays. The intermediate crochet group at the Mattituck-Laurel library, led by instructor Alice Jones, completed and sent gifts to the mariners. The gift consisted of two hand made garments, a Christmas card and information about our volunteer group. The yarn was donated from a corporate company, Jimmy Beans Wool. The intermediate crochet group of Mattituck Library was happy to volunteer their time and talent to this organization!

## LIBRARY HOURS

Monday – Friday: 9 a.m. to 7 p.m.

Saturday: 10 a.m. to 4 p.m.

Sunday: 1 p.m. to 4 p.m. (Sept. – June)

**Director:** Shauna Scholl, ext. 105

**Reference:** Sara Colichio, ext. 107

**Youth and Parenting Services:** Karen Letteriello, ext. 112

**Teen Services:** Marissa Timm, ext. 113

## Mattituck-Laurel Library

P.O. Box 1437, Mattituck NY 11952

Phone: (631) 298-4134 Fax: (631) 298-4764

<https://mattitucklaurellibrary.org>

*A Guide to Your Library's Programs, Events & Services*

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# January/February Adult Programs

For programs that require a registration fee, the fee may be paid online, or in person at the circulation desk.

## CONTINUED FROM PG 3

### IRISH YARN WITH GIL MCLEAN

**Sat., March 1st, 2:00-3:30 p.m.**

Join us as guitarist/vocalist Gil McLean performs Irish songs and stories ranging from the 1800s to more modern times.

### RAFFLE FOR TICKETS TO ANNE FRANK: THE EXHIBITION

(presented by Anne Frank House). Hosted by the Center for Jewish History, 15 West 16th Street, New York, NY 10011. Mattituck-Laurel Library, your community library, will be raffling off 5 family tickets (2 adults + 2 children under age 17) for our patrons. To enter the raffle, please register online at [mattitucklaurellibrary.org](http://mattitucklaurellibrary.org) or call the reference department at 631-298-4134. \*Mattituck-Laurel Library patrons who are chosen in the raffle will have the opportunity to purchase their Family Timed Ticket (not flexible entry) at the website of the Center for Jewish History (located in New York City), and the library will reimburse these patrons for the full price of the ticket upon presentation of their receipt. \*Drawing will take place on Monday, January 27th.



**Celebrate the timeless charm of Jane Austen with us in 2025! We're hosting a year of programs, events, and festivities in honor of her 250th birthday—stay tuned for all that's to come!**

### AUSTENLAND: A FILM

**Mon., Jan. 27th, 4 p.m.-6 p.m.**

Jane Hayes's (Keri Russell) adoration of all things Jane Austen is complicating her love life. Determined to be the heroine of her own story, Jane spends her life savings on a trip to Austenland, an eccentric Austen inspired resort, where she has a difficult time determining where fantasy ends and real life begins. This movie is rated PG-13.

### BOOK DISCUSSION: JANE AUSTEN'S NORTHANGER ABBEY

**Tues., Feb. 11th, 3 p.m.**

Join us for a lively conversation about Jane Austen's Northanger Abbey! We'll explore Catherine Morland's adventures, Austen's satire of gothic fiction, and her timeless social insights. All are welcome—whether you're a seasoned fan or new to Austen!

### PRIDE AND PREJUDICE 2005: A FILM

**Wed., Feb. 19th, 4 p.m.-6 p.m.**

When Elizabeth Bennet meets the handsome Mr. Darcy, she believes he is the last man on earth she could ever marry. But as their lives become intertwined in an unexpected adventure, she finds herself captivated by the very person she swore to loathe for all eternity. This movie is rated PG.

## LIBRARY CLOSINGS & BOARD MEETING DATES

### Library Closings:

New Year's Day - January 1

Martin Luther King Jr. Day - January 20

President's Day - February 17

### BOARD MEETING DATES:

Mon., January 13, 6pm

Mon., February 10, 6pm

## Friends of the Mattituck-Laurel Library

Friends of the Mattituck-Laurel Library hosted its annual Holiday Luncheon on Dec. 17, preceded by the last monthly meeting of the year. The next meeting will be April 15, 2025.

The Friends-sponsored Irish Tea will be held on March 13, 2025. This popular event usually sells out so be sure to watch for registration information in the e-newsletter.



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