



Mattituck-Laurel LIBRARY

September/October 2024

Newsletter



FROM THE DIRECTOR'S DESK

Stay Connected with Your Library!

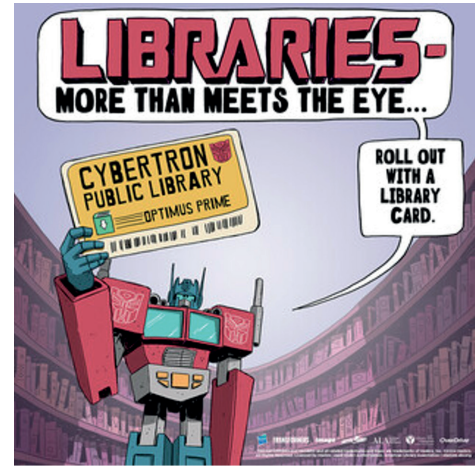
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It's hard to believe another summer on the North Fork has come and gone. A heartfelt thank you to our wonderful community for making this summer so enjoyable, to the library staff for creating meaningful and magical connections for everyone, and to our Friends of the Library who support the Children's Summer Reading Program and musical performances. We had a fantastic, fun-filled summer here at our library and are eagerly anticipating an exciting fall!

This fall, there's something for everyone. Enjoy the rhythms of **Milagro: Santana Tribute Band on Saturday September 14th at 2 p.m.** or join **Chef Rob** to make a **Crustless Apple Pie on Tuesday, September 17th, at 5:30 p.m.** Don't miss our annual **Pumpkin Carving Display on Friday, October 11th from 4 p.m. to 7 p.m.** You can pick up your family pumpkin starting Wednesday, October 9th.

With the changing season, we will also be experiencing a significant change in our library staff. Reader's Advisor Bev Wowak is retiring after 34 years of dedicated service to the Library. Many patrons know Bev from book discussions, literary cafe and the adult reading clubs. She will be missed by both the library staff and Mattituck-Laurel residents. Please join us for an **open house** with light refreshments on **Thursday, September 5th, from 4 p.m. to 7 p.m.,** as we celebrate Bev and her commitment to the community. We wish Bev all the best in her retirement and look forward to hearing about her travels!



September is Library Card Sign-up Month, make sure you have the most exclusive card in your wallet and check out all that we have to offer!

This year's Great Give Back theme for our library is **Giving Thanks, Giving Back.** Throughout October, we'll be collecting items for a Thanksgiving dinner to be donated to CAST. Suggested items include canned goods (such as vegetables and cranberry sauce), gravy, box or pouch rice, boxed macaroni and cheese, and boxed potatoes.

Your Community Library's Board of Trustees have been evaluating the effectiveness of our building use and the aging facility. To better align with the community's needs and ensure we continue to serve effectively, the Board is proposing a renovation plan. A **Community Meeting** will be held on **Tuesday, October 1st, at 6:30 p.m.** to answer questions, gather feedback, and share the vision of the project. The Mattituck-Laurel Library is truly **your** community library, providing services for the enrichment and well-being of the community for over 120 years. This renovation aims to ensure that, 120 years from now, the residents of Mattituck and Laurel will have a library that continues to enhance community life for all.

Can't wait to see you at the Library!

Warmly,
Shauna Scholl, Director

September/October Adult Programs

For programs that require a registration fee, the fee may be paid online, or in person at the circulation desk.

SEMINARIO PARA COMPRADORES DE VIVIENDA POR PRIMERA VEZ EN ESPAÑOL

Martes, 10 de Septiembre, 6 p.m.

Ven y aprende sobre hipotecas, financiamiento y cómo navegar el mercado inmobiliario. Expertos te guiarán paso a paso en este importante proceso. No te pierdas esta oportunidad de adquirir conocimientos clave y prepararte para comprar tu primera casa. ¡Inscríbete hoy mismo y haz realidad tu sueño de ser propietario!

FUN FESTIVE BOOK PARTY

Tues., Sept. 10th, 4 p.m.

SAND AND SEASHELL SUNFLOWER WALL ART

Thurs., Sept. 12th, 5 p.m.

Come experience the joy of sand and seashell art with mix media artist Anna Chan. Unleash your creativity while crafting your own sunflower masterpiece with her proprietary self-hardening sand. No prior experience necessary. There is a \$10 non-refundable fee for this program.

MILAGRO: SANTANA TRIBUTE BAND

Sat., Sept. 14th, 2 p.m.

Milagro has been wowing audiences since 2005, performing all the multi-platinum hits by Rock and Roll Hall of Famer Carlos Santana and his stellar musical collaborators. Experience the Grammy award-winning crossover songs that so "Smooth"-ly blend rock, blues, funk, Latin, and jazz. Milagro captures the vibe, rhythm and syncopation that is the Soul Sacrifice of Carlos Santana. Registration is requested.

CRUSTLESS APPLE PIE WITH CHEF ROB

Tues., Sept. 17th, 5:30 p.m.

Join Chef Rob for this hands-on class featuring a 7-inch crustless apple pie. Your taste buds will be delighted! Please bring 3 large crisp apples, 1 peeler, 2 medium bowls and a 7-inch round pan. There is a \$10 non-refundable fee for this program.

INVITATION TO THE OPERA: GOUNOD'S ROMEO AND JULIETTE

Wed., Sept. 18th, 1 p.m.-4:15 p.m.

Two singers at the height of their powers - radiant soprano Nadine Sierra and tenor sensation Benjamin Bernheim - take on the star-crossed lovers in Gounod's adaptation of Shakespeare's tragic romance for the first time at the Met. For an opera steeped in raptures and reveries, in which fantasies of romantic bliss compete with premonitions of a pessimistic outcome, Sierra and Bernheim

are a dream come true. The Met's music director, Yannick Nézet-Séguin, takes the podium to conduct one of the repertoire's most romantic scores.

FUNDAMENTALS OF FAMILY HISTORY RESEARCH: ACCESSING THE RIGHT RECORDS TO BUILD YOUR FAMILY TREE

Wed., Sept. 18th, 5:30 p.m.

Join Terry Koch-Bostic, FNGS, a Fellow of the National Genealogical Society (NGS), and a past Vice President of NGS, to learn how to become a better researcher and more successful at discovering your family history. Knowing where to look for your ancestors is a progressive skill that requires building a strong foundation in the methods, records, and resources available to help you build a family tree. Whether you are just getting started or looking for new ways to advance your work for many more generations, this program will help guide you to greater success with a checklist of ideas for every level of researcher, and allow you to work at your own pace.

LILPA PRESENTS: PAIN MANAGEMENT FOR THE BACK (VIA ZOOM)

Thurs., Sept. 19th, 12 p.m.

Back Pain is one of the most common reasons people go to the doctor or miss work. Fortunately, there are measures one can take to relieve back pain. Dr. William Caldwell, Medical Director of the Stony Brook Center for Pain Management, will speak about the various modalities available for the treatment of back pain. He will also discuss options for the management of pain for other chronic conditions which can eliminate or dramatically reduce pain and improve overall quality of life. Dr. Caldwell will also answer questions after his lecture. This program is sponsored by Stony Brook Southampton Hospital. Please contact your local library, or Amagansett Library at (631) 267-3810 for a registration link.

INTRO TO BULLET JOURNALING

Thurs., Sept. 19th, 5:30 p.m.

Come and be amazed at the wide array of Bullet Journaling techniques. Learn about the benefits and decide which technique is best for you. Each participant receives a bullet journal and uses the materials provided to begin their practice.

DEFENSIVE DRIVING (NATIONAL POINT AND INSURANCE REDUCTION COURSE)

Sat., Sept. 21st, 10 a.m.-4 p.m.

This 6-hour class is sponsored by the National Point and Insurance Reduction

Course. Upon completion, this course reduces 10% from your liability, collision and no-fault insurance for 3 years. It can also reduce 4 points from your driving record. Please bring lunch or snacks with you on the day of the class. There is a \$35 non-refundable fee for this class. Patrons can pay online, or via cash or check at the circulation desk. Checks should be made payable to Mattituck-Laurel Library. Please note that there is a 20-person minimum required to run this class. In the event that this enrollment requirement is not met, we will refund registrants their \$35 fee.

GOOD VIBRATIONS: SOUND JOURNEY WITH MUSIC THERAPIST KATHY PASCA

Mon., Sept. 23rd, 5:30 p.m.

Nurture your mind and body in this immersive listening experience. Various instruments including crystal singing bowls, ocean drum, Native American flute and tuning forks will be played, inviting therapeutic and restorative processes that calm your mind, body and nervous system.

HOW TO STAY IN YOUR HOME SAFELY AND GET THE HELP YOU NEED TO PAY FOR IT

Tues., Sept. 24th, 5:30 p.m.

Most people wish to stay out of a nursing home for as long as possible. However, there often comes a time when long term home health care services are needed to help keep us safe. If done properly, these services can maintain a loved one in their own home or assisted living for years. Paying for that care, on the other hand, can be very expensive and drain a person's life savings. Gratefully, New York has one of the most robust and accessible Medicaid programs that can pay for that care within your own assisted living environment. Community Medicaid, as it's called, has been a lifesaver for New York families for years.

12 TIPS FOR REDUCING YOUR PRESCRIPTION DRUG COST

Wed., Sept. 25th, 10 a.m.

Join us for an informative workshop that will provide you with tools that will help you save money on prescription refills. *The information provided is for educational purposes only; it is advisable to consult with your healthcare provider for any of your healthcare needs.

THE ROBIN WILLIAMS STORY WITH SAL ST. GEORGE (VIA ZOOM)

Thurs., Sept. 26th, 5:30 p.m.

He started out in San Francisco as a street performer and evolved into an alien named Mork, Popeye, Peter Pan, and a mischievous Genie. His motion picture

September/October Adult Programs

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career included Good Morning VietNam, Dead Poets Society, The Fisher King, Birdcage, Hook, Mrs. Doubtfire, and Good Will Hunting for which he won an Academy Award. This affectionate remembrance of one of our most gifted entertainers will touch your heart and tickle your funny bone. This program is co-sponsored by North Shore Public Library and Southold Free Library.

PRESERVING YOUR ORGANIC HARVEST

Sat., Sept. 28th, 10:30 a.m.-12:30 p.m.

This program focuses on what you can do with your seasonal harvest to preserve it for the entire year. Topics covered include: canning foods, storing root vegetables, fermenting, freezing and dehydrating. During this class Renato will demonstrate how to can tomatoes, and make delicious crispy dill pickles. He will have healthy tasty samples for all participants.

ENGAGE WITH STONY BROOK MEDICINE PHYSICIANS: Q&A FORUM

Mon., Sept. 30th, 5:30 p.m.

Join us for an informative Q&A forum hosted by Stony Brook Eastern Long Island Hospital in conjunction with Stony Brook Medicine. Meet our esteemed physicians from Advanced Primary and Specialty Care in Mattituck, including specialists in pulmonology, physiatry, family medicine, and surgery. This is a wonderful opportunity to ask questions, learn more about our services, and connect with our medical professionals. Don't miss this chance to engage with experts and gain valuable health insights!

BEGINNER DRAWING SERIES

Thursdays: October 3rd, 10th and 17th, 5:30 p.m.

Art instructor Lisa Baglivi will guide beginner-level students through drawing fundamentals to create a still-life. The class focuses on the basics of drawing using pencil, paper and eraser.

HISTORIC CRIMES OF LONG ISLAND: MISDEEDS FROM THE 1600S TO THE 1950S

Tues., Oct. 8th, 4 p.m.

True crimes and why people are led to commit them have fascinated people for centuries. In Historic Crimes of Long Island; Misdeeds from the 1600s to the 1950s, award-winning author and historian Kerriann Flanagan Brosky uncovers some of the most ghastly historical crimes committed on Long Island – from the tar, feathering and murder of Charles Kelsey in 1872, to

the East Hampton witch trial of 1657, to the kidnapping of Alice Parson in 1937. Join her as she discusses some of Long Island's most horrific crimes. Book sale and signing to follow.

GERMANY'S LIQUID BREAD: A REFRESHING LOOK AT THE HISTORY OF BEER (VIA ZOOM)

Wed., Oct. 9th, 7 p.m.

Once so essential to daily diets that it was referred to as liquid bread, beer to this day is a source of great cultural and national pride, especially in Germany. Join Historian Anette Isaacs for a lively exploration into the history of this iconic drink that will also include a look at the lucky German brewers who became Beer Barons in the US. This program is co-sponsored by Southold Free Library and North Shore Public Library.

YOUNG FRANKENSTEIN WITH SAL ST. GEORGE (VIA ZOOM)

Thurs., Oct. 10th, 7 p.m.

Start with an all-star cast featuring Gene Wilder and Madeline Kahn, add script co-written by Gene Wilder and Mel Brooks, with Brooks as director, and you have a cult classic tribute to vintage horror films that is also a monstrous good time. Find out more about the hilarious history of the making of Young Frankenstein. You'll laugh. You'll scream. You'll scream with laughter. An East End Libraries Event hosted by Westhampton Free Library.

THE SALEM WITCH TRIALS: THE RECKONING AND RECLAIMING (VIA ZOOM)

Tues., Oct. 15th, 5:30 p.m.

Even after 300 years, Salem's witch trials remain a defining example of intolerance and injustice in American history. The extraordinary events of 1692-3 led to the deaths of 25 innocent people, the vast majority of whom were women. The exhibition includes tangible fragments from the past that illuminate the real lives of Salem's residents: those accused of witchcraft, their accusers, and those who defended them against legal charges, risking their own lives and reputations in the process. The exhibition and virtual presentation seeks to ask: In moments of injustice, what role do we play? This program is co-sponsored by Southold Free Library.

LILPA PRESENTS: BREAST CANCER AWARENESS (VIA ZOOM)

Thurs., Oct. 17th, 12 p.m.

Each year, about 255,000 women and 2,700 men in the U.S. are diagnosed with breast cancer. The likelihood of a

positive diagnosis increases with age. Dr. Edna Kapenhas, who leads the breast surgery and breast surgical oncology program at Stony Brook Southampton Hospital, and who is also the Medical Director of the Ellen Hermanson Breast Center, will speak about the risk factors, warning signs, and treatment options that are available to patients diagnosed with breast cancer. Dr. Kapenhas will also answer questions after her lecture. This program is sponsored by Stony Brook Southampton Hospital. Please contact your local library, or Hampton Bays Library for a registration link, 631-728-6241.

THE BASICS OF MEDICARE

Mon., Oct. 21st, 10:30 a.m.

There are ever-changing Medicare coverages that many seniors are unaware of. Often, we hear of the medical nightmares that seniors go through, and it is our mission to address these concerns and examine how seniors can navigate the changes to Medicare, as well as learn about the benefits that they may be eligible for. This informative workshop will provide you with information on Medicare basics, important terminology, enrollment periods, plan types, and cost assistance. Attendance of this seminar will allow your members to understand "Medicare With Confidence." This workshop is strictly educational.

SUICIDE PREVENTION (VIA ZOOM)

Thurs., Oct. 24th, 5:30 p.m.

This program will teach participants about suicide statistics, recognizing warning signs, recognizing risk and protective factors, how to ask someone if they are contemplating suicide and referring a person to the appropriate treatment and supports. Information on local resources will be provided. This is a Zoom program. Zoom links will be emailed to participants the day before the program.

DRACULA FICTION AND REALITY

Mon., Oct. 28th, 5:30 p.m.

Who was Dracula really? And did he really exist? Since his first appearance in 1897 in Bram Stoker's classic novel, he has been portrayed as many things and in many different ways by different writers, filmmakers and actors. This Halloween, Transylvania's most famous son will be unmasked once and for all. Join local Halloween enthusiast Gary Lutz for an illuminating discussion of the origins and early evolution in recorded history, in print and in film of one of the most recognized characters in all of English literature.

Youth and Parenting Department

Please register for programs using the online calendar.

Please register for programs using the online calendar beginning Monday, August 19th.

BIRTH-PRESCHOOL

STEM STATION

Weekly drop in crafts at the STEM table. Explore and engage with your children through art activities, building structures and more.

BABIES BOOGIE

Wednesday, September 4th, 10 a.m.

Ages Birth – 2 years
Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

TODDLERS TANGO

Wednesday, September 4th, 11 a.m.

Ages 25 months – 3 years
A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

PARENT/CHILD RHYME AND PLAY

Wednesday, September 18th – October 16th, 10 a.m.

Birth – 3 years
Join us for free play followed by nursery rhymes, puppets, stories, and action songs.

BABIES BOOGIE

Monday, October 7th, 4 p.m.

Ages Birth – 2 years
Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

TODDLERS TANGO

Monday, October 7th, 5 p.m.

Ages 25 months – 3 years
A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

KINDERGARTEN – 6TH GRADE

The scavenger hunt is back! Have a blast searching for characters hidden around the room. This activity is all about fun – there are no prizes, just good times and a chance to explore. Are you ready to challenge yourself?

TAIL WAGGIN' TUTOR

Monday, September 9th, 4 p.m.

Grades K-6th
Sitting down and reading out loud to a dog creates a fun and safe experience. Each child will have a 10 minute reading slot.

DROP IN RETRO VIDEO GAMES

Thursday, September 12th, 3 - 4:30 p.m.

Grades 3 and up
Join us in the Tween Place and enjoy some old school games.

LEGO GRADES 4-6

Monday, September 23rd, 4 p.m.

Grades 4-6
Use library LEGO to create your design. We will place it on display in our LEGO case.

CHAPTERS & CHEWS

Wednesday, September 25th, 4 p.m.

Grades 3 – 6
Sit back and enjoy the first chapter of a few fiction books. Maybe you will want to take it home. Enjoy snacks.

DROP IN RETRO VIDEO GAMES

Monday, September 30th, 3 - 4:30 p.m.

Grades 3 and up
Join us in the Tween Place and enjoy some old school games.

TAIL WAGGIN' TUTOR

Monday, October 7th, 4 p.m.

Sitting down and reading out loud to a dog creates a fun and safe space. Each child will have a 10 minute reading slot.

MINECRAFT – ISLAND SURVIVAL TEST

Tuesday, October 8th, 4:30 p.m. – 6:30 p.m.

Grades K-3
Join TD3 Innovative Gaming and learn to gather resources, hunt for food and fend off creatures on a thrilling deserted tropical island challenge. You will learn the strategies needed to survive in this difficult environment and improve survival instincts. Expect to stay for 2 hours.

DROP IN RETRO VIDEO GAMES

Thursday, October 17, 3- 4:30 p.m.

Grades 3 and up
Join us in the Tween Place and enjoy out some old school games.

LEGO GRADE K-3

Monday, October 21st, 4 p.m.

Grades K-3
Use library LEGO to create your design. We will place it on display in our LEGO case.

FACTS & FLAVORS

Wednesday, October 23rd, 4 p.m.

Grades 3 – 6
What's new in Nonfiction? Be amazed, learn something new, facts are fabulous. Enjoy snacks while talking about some of our nonfiction books.

FAMILY PROGRAMS

COME PLAY WITH CLAY

Monday, September 16th, 4 p.m.

Family Fun

Enjoy playdough. Roll it, cut it, smash it and more

MOVIE IN THE TWEEN PLACE: WONDER

based on the novel by R.J. Palacio.

Tues., September 17th, 4 p.m.

Based on the New York best seller, this tells the incredibly inspiring and heartwarming story of August Pullman, a boy with facial differences who enters fifth grade, attending a mainstream elementary school for the first time. Rated: PG; for thematic elements including bullying and some mild language.

FAMILY STORYTIME: BURGER BOY

by Alan Durant

Wed., September 18th, 4 p.m.

Benny has never met a burger he didn't eat. Enjoy this silly story, make a craft and enjoy a snack.

FAMILY STEM NIGHT

Tues., October 1st, 4 p.m. - 6 p.m.

Spend time as a family trying out the different STEM stations. Are you up for the Challenge?

FAMILY STORYTIME

Tony Baroni Loves Macaroni

Tues., October 15th, 4 p.m.

Enjoy this silly story, make a craft and enjoy a snack.

MOVIE IN THE TWEEN PLACE: THE SECRET WORLD OF ARRIETTY

based on the novel The Borrowers

Thurs., October 24th, 4 p.m.

In a secret world hidden beneath the floorboards, little people called Borrowers live quietly among us. But when tenacious and tiny Arrietty is discovered by Shawn, a human boy, their secret and forbidden friendship blossoms into an extraordinary adventure. Rated: G

SPOOKY STORIES AND S'MORES

Wed., October 30th, 4 p.m.

For Families

Wear your costume. Listen to a story, Make a craft and eat s'mores!

GREAT GIVE BACK

Giving Thanks, Giving Back Drive.

For the month of October the library is collecting items to help put together a Thanksgiving dinner. All items will be donated to CAST.

Suggestions of items to drop off:

- non-perishable food items
- cans
- boxes
- juice and water

PUMPKIN PICK UP

Pick up a family pumpkin starting Wednesday October 9th through Thursday October 10th.

Carve out and design your pumpkin. Bring it back by 2 p.m. on Friday the 11th. Come back between the hours of 5 p.m. – 7 p.m. and enjoy.

PUMPKIN CARVING DISPLAY

Fri., October 11th, 4 – 7 P.M.

Families

Join us in the green space for a fun fall time.

Enjoy games, make a themed craft and enjoy the pumpkin display. Watch those singing pumpkins again while enjoying popcorn, face painting and balloon twisting.

Registration begins August 19th

WELCOME 6TH GRADERS TO THE TEEN DEPARTMENT!

6th graders now have the best of both worlds! You can register for all our children's and teen programs and enjoy access to our full range of services. Stop by the library today to explore what we have to offer!

COMMUNITY SERVICE OPPORTUNITIES

THANKSGIVING FOOD DRIVE:

October

For the Great Give Back this year the library is doing a Thanksgiving Food Drive for the month of October. Teens who bring in any variation of 3 items will be given 1 hour of community service. All donations will be given to our local CAST organization.

PUMPKIN EVENT:

Fri., October 11th 4-8pm

The library is looking for teen volunteers for the Children's Department annual Pumpkin Event, on October 11th from 4-8pm. Tasks would include set up/break down as well as helping running games.

Grab and go kits are available on an ongoing basis:

- *Write a Book Review
- *Decorate a Bookmark.
- *Kindness Rocks.
- *Community Service Bingo.
- *Braided Dog Toys.
- *Letters to Veterans.
- *Cards for seniors.
- *Postcards for children in hospitals.
- *Seasonal mini canvas paintings.
- *Follow us on social media: Facebook (Mattituck-Laurel Library.) Instagram (@matt_teens.)



PROGRAMS:

TEEN ADVISORY BOARD

Fri., September 6th, 5:30pm

Join the Teen Advisory Board to help create the programs and services you want to see at the library. Teens who attend earn 1 hour of community service. Pizza will be served!



WASHI TAPE LOCKER CRAFTS

Thurs., September 12th, 4:30pm

Get creative with Washi Tape! Join us for a teen crafting session where you can design and decorate a variety of items using colorful Washi Tape. All materials provided. Teens will get to bring home their own DIY pencil case, dry erase board and magnetic photo frame.



PAINTING PARTY FOR TEENS

Mon., July 16th, 6:00pm

Come to the library for a relaxing night of mini canvas painting and root beer floats. Teens will be able to paint one canvas to bring home and one to donate to the library and earn community service.

CHEF ROB'S PUMPKIN SPICED CHOCOLATE CHIP COOKIES

Mon., September 23rd-While supplies last

Starting September 23rd teens can pick up the ingredients to make some delicious Pumpkin Spiced Chocolate Chip Cookies with Chef Rob's easy-to-follow recipe. Grab your kit at the library and enjoy baking at home!



SUCCESSFULLY NAVIGATING COLLEGE ADMISSIONS THIS FALL VIA ZOOM

Wed., September 25th, 7pm and

Tues., October 22nd, 7pm

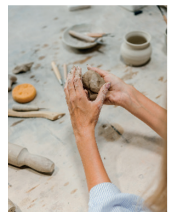
This presentation will be led by Ron Feuchs and Jackie Tepper, partners at Stand Out for College, LLC. (www.standoutforcollege.com) In this program they will discuss current college admissions trends, admissions strategies, the changing test-optional environment, the importance of researching and visiting colleges to find schools that can be a good fit for your child, a timeline and other action steps that can be taken to make this fall productive and help reduce the stress around the college admissions process.



DIY CLAY COASTERS

Fri., October 4th, 3:00pm

Teens are invited to come to the library and design custom drink coasters with air dry clay. This fun and creative program will teach you the basics of working with clay while making something practical.



PUMPKIN CARVING FOR TEENS

Thurs., October 10th, 5:30pm

Join us for a pumpkin carving session just for teens! Carve pumpkins that will be featured in the library's annual Pumpkin Event. Earn community service hours while having fun and showcasing your creativity.



ZOMBIE WORKSHOP FOR TEENS AT CUTCHOGUE NEW SUFFOLK LIBRARY

Tues., October 15th, 6:00-7:30pm

Zombify Yourself! With a step-by-step process we will transform into a zombie. Using special effects techniques used in movies we will create cuts, tears, wounds, and other forms of zombification. Join us as we learn about the history of zombies and turn ourselves into the living dead!



OREO TASTE TEST CHALLENGE

Mon., October 28th, 6:00pm

Join us for a fun and delicious Oreo Taste Test Challenge! Try different Oreo flavors and compete to identify them all. Enjoy a sweet time with friends and discover new favorites.



On-Going Classes/Services & Book Discussions

GENTLE YOGA

Wednesdays: 9/11, 9/25, 10/2, 10/9, 10/16, and 10/23 5:15 p.m.

Certified instructor Rosemary Martilotta leads this gentle yoga class, which combines postural alignment, conscious breathing, deep relaxation and energy awareness. All abilities welcome. Bring a yoga mat or towel. This is a six-class series. There are no prorated rates, refunds or make-up classes available for those who register for the series but have to miss a class. There is an \$80 fee for this series. Walk-ins \$20 per class. Payments can be made online via credit card or in person at the circulation desk via cash or check. Please note there is no class on 9/18.

CHAIR STRENGTH AND STRETCH

Mondays: 9/9, 9/16, 9/23, 9/30, 10/21 and 10/28, 9:15 a.m.

Fitness instructor Laurie Short will help you improve your strength, mobility, posture, balance and flexibility during seated and (some) standing exercises. You will use tubing, balls, bands and gliding discs. This one-hour class will keep you moving to the music of the 60s, 70s and 80s. This is a six-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. No walk-ins; all participants must be registered in advance. *Please bring a pair of 3-4 pound dumbbells.* There is a \$30 fee for this series that can be made online via credit card or in person at the circulation desk via cash or check.

CAREGIVER SUPPORT GROUP

Mon., Sept. 9th and Tues., Oct. 15th, 10:00 a.m.-11:30 a.m.

Build a support system with people who understand. Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for caregivers to develop a support system, exchange practical information on challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources.

MEDICARE COUNSELING

Third Thursday of each month, 1:30 p.m. - 3 p.m.

These 30-minute sessions are by appointment only. Please sign-up online or call the Library. HICAP is a counseling service that assists Medicare-eligible persons with information about benefits, enrollment, insurance, and other options.

ONE-ON-ONE TECHNOLOGY APPOINTMENTS

Tuesdays and Wednesdays by appointment

Schedule an appointment with our technology coordinator, Sharon, if you have questions about a device, the Internet, e-books or any other software issue. Please come prepared with a specific question, fully-charged device, and know your passwords. Time slots are 30 minutes long. It may be necessary to schedule a follow-up appointment if the issue is complex.

In the Library Art Gallery

SEPTEMBER 2024:

ANTHONY LOMBARDO

Fine Art Photography Anthony Lombardo grew up in Rockville Centre, and currently lives in Water Mill. He has always loved nature, the outdoors, surfcasting, and photography. As a young man he studied marine engineering at the United States Merchant Marine Academy and circled the globe a few times before deciding to make a career in photography. His fine art photos have been exhibited in galleries in New York, Long Island, and San Francisco with critical acclaim in the New York Times, Newsday and other publications. "It is in our nature to find beauty in the everyday of our lives. The drama of clouds, the path of our stars, the representation of the natural world, and the art in old creations. The eye can see and the camera can record, the hand can create what the mind envisions. Some travel the world looking for beauty in the exotic while missing the beauty in the ordinary around them. My eye finds the beauty in the ordinary around us, my mind pre-visualizes the image, the camera captures and the hand creates". — A.Lombardo



"Horton Lighthouse"
— A. Lombardo

All are invited to a reception being held in the Library's Art Gallery on Friday, Sept. 6th, from 4 to 6 p.m.

OCTOBER 2024:

"NEW CHALLENGES AND VARIATIONS"

PAINTINGS BY FRAN LIBURT

Fran Liburt has maintained a passion for art and painting for many years. She began working with chalk pastels but later moved on to acrylics. The beauty of the North Fork, its water and its ever-changing scenery continues to be a compelling incentive to paint. Her sea and landscapes are swathed in natural colors, occasionally livened with avian humor. Her still lifes are evocative of the early 20th century. Fran currently studies with Lee Harned who continuously provides guidance and enrichment. Fran is a graduate of Rider University and resides in Orient in a restored the 18th Century home. She has exhibited at both the Oysterponds and Southold Historical Societies, local libraries, and many North Fork art shows.



"Sound View" — F. Liburt

All are invited to a reception being held in the Library's Art Gallery on Friday, Oct. 4th, from 5 to 6:30 p.m.

CALL FOR ARTISTS: If you wish to exhibit your artwork at the Mattituck-Laurel Library, please contact our Gallery Coordinator, Diana Foster, at 631-298-4134 ext. 110.



ALTERNATE THURSDAY FILMS

*All films start at 1:30 p.m. The library reserves the right to change the movie title at any time.

September 5th: The Curious Case of Benjamin Button
September 19th: Ticket to Paradise

October 3rd: Queen Bees
October 17th: Going in Style

LIBRARY HOURS

Monday – Friday: 9 a.m. to 7 p.m.
Saturday: 10 a.m. to 4 p.m.
Sunday: 1 p.m. to 4 p.m. (Sept. – June)

Director: Shauna Scholl, ext. 105

Reference: Sara Colichio, ext. 107

Youth and Parenting Services: Karen Letteriello, ext. 112

Teen Services: Marissa Timm, ext. 113

Mattituck-Laurel Library

P.O. Box 1437, Mattituck NY 11952

Phone: (631) 298-4134 Fax: (631) 298-4764

<https://mattitucklaurellibrary.org>

A Guide to Your Library's Programs, Events & Services

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Friends of the Mattituck-Laurel Library

Friends Raffle has started so come in and buy some chances to win!

The Friends want to thank the following businesses for their support and generous contributions to our monthly raffle. Proceeds from the monthly raffles support the Friend's Scholarship Fund, which is awarded to students from the Mattituck - Cutchogue School District.

Agora the Little Greek Market, Ammarati's, Bridge Lane Tasting Room, Briermere Farms, CJ's American Grill, Cliff's Elbow Room Restaurants, Meats Meat, Epic Nail & Spa Mattituck/Cutchogue, Gabrielsen's Plant Farm, Goldberg's Bagels, Hampton Coffee Company, Hallock's Cider Mill, Jamesport Vineyards, Lenz Winery, Love Lane Kitchen, Lombardi's Love Lane Market, Macari Vineyards, Mattituck Florist, Michelle's Beauty Salon, Nails by Vivian, NoFo Pot Pies, North Fork Chocolate, On the Docks Waterfront Bar & Grill, Orlowski Hardware, Peconic Liquor, Pellegrini Vineyards, Primavera Pizzeria, Red Rooster Bistro, Roanoke Vineyard Love Lane, Roma Pizzeria, Rose Hill Vineyards, The Cutchogue Diner, The Gardens at B&B, The Taco 105, The Village Cheese Shop, Touch of Venice, Trendsetter by Camille Salon, Vintage Mattituck Wine & Spirits, Waypoint Restaurant, Wendy's Deli, Windamere Restaurant.

Friends Scholarship recipients 2024

Congratulations to Jolin Chen,
Tommy McGunnigle & James Driscoll



Congratulations to Erin Macari,
winner of the June Raffle!



LIBRARY CLOSINGS & BOARD MEETING DATES

Library Closings:
Labor Day - September 2
Columbus Day - October 14

Board Meeting Dates:
Mon., September 9, 6pm
Mon., October 21, 6pm

 *Friends Meeting Schedule*
Meeting dates:
Tuesday, September 17th &
Tuesday, October 15th @ 9:30am.

Budget Vote & Trustee Election
Tues., September 17th, 9am - 7pm

Jim Underwood President	Mary Sanchez Vice President	Katie O'Rourke Secretary	Colleen Grattan-Arnoff Treasurer	John Carter Trustee	Peter Kren Trustee	Randi Teitel Trustee
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