

Mattituck-Laurel Library *Newsletter*



January/February Adult Programs

Register online at www.mattitucklaurellibrary.org

Be sure to check out our monthly grab and go kits! Available at the reference desk.

Adult Programs

Register for programs online at www.mattitucklaurellibrary.org

One-on-One Technology Appointments Mondays and Wednesdays (ongoing) 10 a.m.-12 p.m.

(Each appointment is a half-hour)

You can now schedule an appointment with our technology librarian, Chloe, if you have questions about a device, the Internet, eBooks or any other software issue. Please come prepared with a specific question, fully charged device and know your passwords. Time slots are 30 minutes long. It may be necessary to schedule a follow up if the issue is complex. Please check the online calendar for available dates.

Stress Management for Caregivers Thurs., January 12th, 10:30 a.m.

Join us as Robyn Berger-Gaston, Division Director from Family Service League will discuss Stress Management for Caregivers and services for seniors.

Live Cooking with Chef Rob: Pan Seared Chicken with Two Sauces Thurs., January 12th, 5:30-7:00 p.m.

Join Chef Rob for a live cooking demonstration. This program's menu is Pan Seared Chicken with two different sauces: Tuscan Garlic with Spinach and Sundried Tomato Sauce and Chicken Cacciatore Sauce. No materials necessary, just bring yourselves and an appetite. There is a \$10.00 non-refundable fee for this program.

Literary Café

Fri., January 13th & February 10th, 10 a.m.

Beach Glass Cardinals

Tues., January 17th, 5:30 p.m.

Melissa from LI Paint Party will be here to give you step-by-step instructions as you create your own beach glass cardinal. This is the perfect winter decoration! There is a \$5.00 non-refundable fee for this program.

Improve Gut Health Naturally via Zoom Wed., January 18th, 7 p.m.

Did you know about 70% of your immune system lives in the gut? Learn how to support your gut naturally with food and lifestyle remedies. Attendees will be given educational content along with a few recipes to try at home that support a healthy gut. Register using the link on our website. This is a Long Island Library Programmer's event hosted by Amagansett Free Library.

The Resurgence of Polio and Monkeypox via Zoom

Thurs., January 19th, 12 p.m.

Polio has reemerged with a confirmed case in Rockland County, and the detection of the virus in wastewater in New York City. Monkeypox infections are continuing to grow exponentially in the U.S., and rapid and aggressive public health interventions are needed. Dr. Susan Donelan, Medical Director and Assistant Professor of Infectious Disease at the Renaissance School of Medicine at Stony Brook University, will speak about strategies needed to combat the spread of these and other emerging infectious diseases. This program is sponsored by Stony Brook Southampton Hospital and presented by the East End Libraries. North Shore Public Library is hosting.

Extreme Weather and Climate Change Thurs., January 19th, 5:30 p.m.

All weather events are now influenced by climate change because all weather develops in a changed environment. While nature continues to play a key role in extreme weather, climate change has shifted the odds and changed the natural limits, making certain types of extreme weather more frequent and more intense. The kinds of extreme weather events that would be expected to occur more often in a warming world are indeed increasing. Join

Professor Scott Mandia as he guides the audience through the scientific evidence for this new normal as well as solutions to combat increasing extremes.

The Precisions in Concert Sun., January 22nd, 2 p.m.

Enjoy a thrilling performance by the Precisions, a five-member live band who will be here to perform vintage rock from the 50s through the 80s.

Wolfgang Amadeus Mozart - "The Man Behind the Music" via Zoom Tues., January 24th, 7 p.m.

Wolfgang Amadeus Mozart was the reigning god of classical music in Vienna during the mid-to-late 1700s. His life has been analyzed in books and even films, but little is known of the circumstances surrounding his untimely death. Take a glimpse into the world of one of music's biggest heroes as we appreciate his genius and attempt to untangle the mystery. Join Dan Lupo, creator of Five Minute Mozart, for this composer biography.

Computer Basics: Level 1 Thurs., January 26th, 2 p.m.

There is no such thing as a silly question and this class is meant to be a supportive environment for those who want to learn. We will go over basic terminology and learn how to get started if you feel overwhelmed by computers. First time users are encouraged to sign up and no prior knowledge is needed for this class. It is designed for those who want to understand basic computer related concepts. Please note that the library cannot provide computers for class. Attendees must bring their own laptop computer. Remember to charge your computer before you come and to bring a charger just in case. Optional: bring a notebook if you want to jot things down.

January/February Adult Programs

Acadia's Top 10 via Zoom

Thurs., January 26th, 7 p.m.

What makes Maine's Acadia National Park... Acadia? Ranger Brooke will present a slideshow showcasing the sites and resources that are protected in this ecologically diverse National Park. This presentation provides an overview of the sites to see for a visit! This is a Long Island Library Programmer's event hosted by North Shore Public Library.

Resume Writing Workshop

Tues., January 31st, 5:30-7:30 p.m.

In this hands-on class, you will learn powerful techniques to create a resume that stands out to potential employers. In addition, you will learn how to create, style, and format your resume using MS Word. Prerequisites: Online Job Search and/or Basic Computer Knowledge

New York State Unclaimed Funds via Zoom

Wed., February 1st, 7 p.m.

Does NY State have money in your name? New York has billions of dollars in lost money. Each day they return about a million dollars to those who file claims. Learn how to claim your money. The NYS Comptroller's Office will be presenting via Zoom. This program is hosted by Southold Free Library.

Reducing the High Cost of Prescriptions

Tues., February 7th, 10 a.m.

This informative workshop will provide you with information on the demographics of prescriptions in the U.S. today. Prescription safety will be addressed, as well as education on how to reduce the cost of medications. This program is offered by Senior Services of North America.

Mediterranean Cooking with Naela Zeidan @ Southold Free Library

Wed., February 8th, 5:30 p.m.

Naela Zeidan brings her authentic Mediterranean dishes to the East End for a tasty cooking demonstration. This program includes basic dough, spinach pie, za'atar flatbread, hummus and baklava. Come hungry! \$10 non-refundable material fee. This program is brought to you by Mattituck-Laurel Library and Southold Free Library. It will take place at Southold Free Library.

From Worrier to Warrior

Thurs., February 9th, 5:30 p.m.

This program offers techniques to tap into your inner strength and creativity to reframe your state of mind and begin to make positive changes within. This program is offered by certified Life Coach Linda Mazza.



In Concert - ARDEA

Sun., February 12th, 2 p.m.

Early Music Quartet featuring recorders, viols and voice.

Long Island Library Programmers' Association Presents: Stroke Awareness via Zoom

Thurs., February 16th, 12 p.m.

Know the signs of a stroke! Dr. Olga McAbee, Director of Neurology and the Stroke Center at Stony Brook Southampton Hospital, will speak about different types and causes and how to spot a stroke in its early stages. This program is sponsored by Stony Brook Southampton Hospital and presented by the East End Libraries. Amagansett Library is hosting. Please register via the link on our website.

Dinner and a Cookbook Discussion

Thurs., February 16th, 4 p.m.

Scott Joplin: "The King of Ragtime" via Zoom

Thurs., February 16th, 7 p.m.

Ragtime was a sensation that overtook the United States at the turn of the 20th century and Scott Joplin was the man responsible for bringing it into the forefront. A classically trained musician, Joplin's lifelong goal was to see ragtime accepted as a serious artform. However, his life was tragically cut short and Joplin never saw many of his dreams fulfilled. Learn about what made ragtime so special as we delve into the details of his life and enjoy select pieces by the king of ragtime writers. Join Dan Lupo, creator of Five Minute Mozart, for this composer biography. This program is brought to you by the Long Island Library Programmer's Association and is hosted by Port Jefferson Free Library.

Gene Casey in Concert @ Cutchogue-New Suffolk Free Library

Sun., February 19th @ 2 p.m.

Join us for an hour of foot-stomping country with Long Island legend and king of 'Rock-a-Boogie', Gene Casey. Refreshments served immediately after the concert in the gallery. This program is brought to you by Cutchogue-New Suffolk Free Library, Mattituck-Laurel Library and Southold Free Library. It will be taking place at Cutchogue-New Suffolk Free Library.

Before Brooklyn: The Unsung Heroes Who Helped Break Baseball's Color Barrier with Author Ted Reinstein, via Zoom

Tues., February 21st, 7 p.m.

Join author Ted Reinstein as he discusses his book *Before Brooklyn*, which tells the story of the little-known heroes who fought segregation in baseball, from communist newspaper reporters to the Pullman car porters who saw to it that black newspapers espousing integration in professional sports reached the homes of blacks throughout the country. He will also remind us that the first black player in professional baseball was not Jackie Robinson but Moses Fleetwood Walker in 1884 and that time-integrated teams were not that unusual. Then, as segregation throughout the country hardened, the exclusion of blacks in baseball quietly became the norm, and the battle for integration began anew. This program is brought to you by the Long Island Library Programmers' Association and is hosted by Hampton Bays Public Library.

The Billy Crystal Story with Sal St. George via Zoom

Thurs., February 23rd, 6 p.m.

Local Boy Makes Good. Did You Know music legend Billie Holliday babysat for Billy Crystal? Did you know how Billy ended up on *All in the Family* and cultivated a life-long friendship with Rob Reiner? Did you know how the infamous diner scene from *When Harry Met Sally* was developed? How many times did Billy host the Academy Awards? Do you know about Billy's 30 year friendship with Robin Williams? Did you know Billy was a NY Yankee...for one day? You will learn the answers to these questions and much more in this fascinating and funny program.

America's First Ladies: The Best, The Worst and the Strangely Forgotten via Zoom

Tues., February 28th, 7 p.m.

The role of First Lady comes with no job description, no pay, and no written requirements. Yet America's presidential spouses have wielded great influence and have always been subject to intense public scrutiny. In this fascinating illustrated lecture, historian Leslie Goddard, Ph.D., explores which First Ladies have rated highest and lowest – or most in-between – with historians. Who do you think was best or worst? Why were some so vilified? And what might the future hold for the role of American First Lady?

Youth and Parenting Department

Please register for programs using the online calendar beginning Monday, December 26, 2022

BIRTH-PRESCHOOL

Babies Boogie

Mon., January 9th, 4 p.m.

Ages Birth – 2 years

Enjoy this high-energy, interactive movement and music program.

Program presented by Nicole Sparling.

Toddlers Tango

Mon., January 9th, 5 p.m.

Ages 25 months – 3 years

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

Baby's Rhyme Time

Wed., January 11th at 11 a.m.

Birth – pre walkers and caregiver

Join us for nursery rhymes, puppets, stories, and action songs.

Parent/Child Workshop

Mon., January 23rd – February 13th, 5 – 5:45 p.m.

Ages 18 months – 3 years

Spend quality time with your child through play and art activities along with a circle time of songs.

Kidnastics

Fri., January 27th, 11 a.m. - 11:45 a.m.

Ages 12 mo. – 3 years

Join Miss Gail for an interactive singing, jumping and fun morning.

Babies Boogie

Tues., February 7th, 4 p.m.

Ages Birth – 2 years

Enjoy this high-energy, interactive movement and music program.

Program presented by Nicole Sparling.

Toddlers Tango

Tues., February 7th, 5 p.m.

Ages 25 months – 3 years

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

Baby's Rhyme Time

Wed., February 8th at 11 a.m.

Birth – pre walkers and caregiver

Join us for nursery rhymes, puppets, stories, and action songs.

KINDERGARTEN – 6TH GRADE

Monthly Scavenger Hunt.

Find all the characters (we will provide clues if you want) and choose a prize from the treasure chest.

Scented Snowman Sockbuddy

Tues., January 10th, 5:30 p.m.

Grades Kindergarten – 3rd

Make a calming aromatherapy snowman you can bring to bed, tuck in a bookbag or bring just about anywhere! In this hands-on class, make your own creation using essential oils, learn which essential oils promote a sense of well being, calmness and rest.



LEGO Grades 2 -3

Fri., January 13th, 4 p.m.

Grades 2-3

Use library LEGO to create your design. We will place it on display in our LEGO case.

Paper Snowflakes

Thurs., January 26th at 4 p.m.

Grades 2-4

Learn how to design and cut out paper snowflakes.

Cardboard Snowflakes

Tues., January 31st at 4 p.m.

Grades 4-6

Learn how to cut and hot glue cardboard to Make beautiful snowflakes.



LEGO Grades 4-6

Thurs., February 2nd, 4 p.m.

Grades 4-6

Use library LEGO to create your design. We will place it on display in our LEGO case.

Ice Painting

Wed., February 8th at 4 p.m.

Grades K-2

Create a masterpiece as you paint with ice.



LEGO Grades K-1

Thurs., February 23rd, 2 p.m.

Grades K-1

Use library LEGO and to create And place on display in our LEGO Case.

Youth and Parenting Department

FAMILY PROGRAMS

Polar Bear Stories

Tuesday, January 24, 4 – 4:45 p.m.

Families. Learn about the Polar Bear while listening to Stories, playing games and creating a craft.

LEGO Rice Krispie Treats

Saturday, January 28, 1 – 2 p.m.

Families. Join Chef Rob and create a LEGO Block. Play Games and design a LEGO creation.

Ground Hog Stories

Wednesday, February 1 at 4 p.m.

Families. Join us for ground hog stories and a craft.

Prestino's Magic Show

Saturday, February 11th at 1 p.m.

For Families

Join us for this fun magic show where there is a TON of audience participation! Prestino sees to it that the audience becomes part of the show! Throughout most of the show, Prestino calls up many members of the audience to help him with tricks, and makes sure to create funny and memorable photo opportunities.

Jumbo Foam Construction Blocks

Saturday, February 25, 11 a.m. – 2 p.m.

Families. Drop in and Design. The Jumbo Foam Construction Set is a realistic 99 piece block set for colossal constructions! Soft, lightweight foam building blocks designed to look just like real cinder blocks, bricks, planks and concrete pavers. Light and safe foam bricks and planks are easy for kids to build tall structures without fear of heavy blocks tumbling down on kids. Develop fine and gross motor skills while encouraging creativity and constructive problem-solving. Recommended for ages 2 and up.



MUSEUM PASSES AVAILABLE FOR OUR PATRONS

Manhattan:

Cooper Hewitt Smithsonian Museum of Design
The Frick Collection
The Guggenheim
The Intrepid
New York Historical Society
American Museum of Natural History (\$5 Voucher)

Long Island:

Children's Museum of the East End
Heckscher Museum of Art
Landcraft Garden
The Long Island Museum
Old Westbury Gardens
Parrish Art Museum
South Fork Natural History Museum

January/February Teen Programs

Registration begins December 26th

Register for programs online at www.mattitucklaurellibrary.org
Follow us on Facebook at Mattituck-Laurel Library or Instagram @matt_teens

Grab and Go Kits!

These kits are available until supplies last. No registration required. Come see Marissa at the Young Adult Services Desk.

January: Edible Igloos

This seasonal kit includes an apple, peanut butter and marshmallows! * We cannot guarantee that food served at this program has not come into contact with tree nuts, soy, or other allergens.

February: Yarn Wrapped Hearts

This festive craft is fun and easy to make! The kit will include yarn.

Teens continued on next page.

January/February Teen Programs

ONGOING EVENTS:

Video Game Drop in (Weekly):

Drop into the library every Monday (starting September 19th) from 3-5 p.m. to play video games on the Nintendo Switch!

Girls Who Code Club

Mondays, Starting January 23rd, 4-6 p.m.

A Girls Who Code Club is being hosted at the Mattituck-Laurel Library! Girls Who Code (GWC) is a nonprofit organization that is dedicated to closing the gender gap in technology and computer science. Club members build coding skills and community as they complete coding projects. While Girls Who Code programs are designed for female participants, regardless of gender assignment at birth or legal recognition, they encourage their Clubs to welcome any member who wishes to join the Girls Who Code mission irrespective of gender identity.

This is not a library sponsored program. Anyone looking for more information please email marissa.timm@mattlibrary.org.

S.A.T. Prep Classes (in person) at Cutchogue New Suffolk Free Library

Saturdays, February 4th, 11th, 18th and March 4th, 10:00 a.m.-12 p.m.

Learn skills and strategies to boost your score with these in person classes. Helpful study packets included. These sessions are hosted at Cutchogue New Suffolk Free Library.

TEEN COMMUNITY SERVICE OPPORTUNITIES:

Please email marissa.timm@mattlibrary.org for any community service inquiries

- Write a Book Review.
- Sending Smiles.
- Kindness Rocks.
- Community Service Bingo.
- Braided Dog Toys.
- Letters to Veterans.
- Decorate a Bookmark.
- Letters to seniors.

PROGRAMS:

Each time you register for a program you will get a raffle ticket towards an Amazon Gift Card!

DIY Dessert Board!

Tues., Jan 17th, 5:30 p.m.

Teens are invited to make their own dessert charcuterie board at the library. We cannot guarantee that food served at this program has not come into contact with tree nuts, soy, or other allergens.

TEEN SKATE & SIP @ Greenport American Legion Skating Rink

Sat., Jan. 21st, 1-3 p.m.

Join us for a fun afternoon of skating to music and sipping on warm hot chocolate! Meet at the Greenport American Legion to enjoy a private library skating event with friends. Roller skate rental included or you can bring your own. Located at 102 3rd Street, Greenport, NY 11944.

Teen Advisory Board for Grades 7th-8th

Mon., Jan. 30th, 3 p.m.

TAB meetings are back! The Teen Advisory Board is a great way for teens to have a say in the teen space, teen library programs, the collection and to earn community service! Any teen in grades 7th and 8th are invited to join at 3pm.

Teen Advisory Board for Grades 9th-12th

Mon., Jan. 30th, 5:30 p.m.

TAB meetings are back! The Teen Advisory Board is a great way for teens to have a say in the teen space, teen library programs, the collection and to earn community service! Any teen in grades 9th-12th is invited to join at 4:30pm.

Rose Bath Bombs for Teens

Thurs., Feb. 9th, 3:00 p.m.

Teens are invited to make their very own bath bombs. Perfect for any spa or relaxation day!

Hershey Kiss Blindfold Challenge

Mon., Feb. 13th, 4:00 p.m.

Come and find out your taste testing skills with our Hershey Kiss Blindfold Challenge! Winner will receive a grand prize.

Musical Jeopardy and Pizza for Teens

Mon., Feb. 27th, 6:00 p.m.

Teens are invited to this spin on a classic television game show! Teens can have fun with their peers while enjoying some pizza too.

LIBRARY HOURS

Monday – Friday: 9 a.m. to 7 p.m.
Saturday: 10 a.m. to 4 p.m.
Sunday: 1 p.m. to 4 p.m. (Sept. – June)

Director: Shauna Scholl, ext. 105

Reference: Sara Colichio, ext. 107

Youth and Parenting Services: Karen Letteriello, ext. 112

Teen Services: Marissa Timm, ext. 113

Reader's Advisor: Bev Wowak, ext. 104

Tech Services: Linda Scholl, ext. 111

Mattituck-Laurel Library

P.O. Box 1437, Mattituck NY 11952

Phone: (631) 298-4134 Fax: (631) 298-4764

<https://mattitucklaurellibrary.org>

A Guide to Your Library's Programs, Events & Services

Postal Patron

Presorted Standard
Non-profit
Organization
U.S. Postage
PAID
Permit No. 41
Mattituck, NY
11952

On-Going Classes/Services & Book Discussions

Yoga

Wednesdays, January 4th, 11th, 18th and 22nd; February 1st, 8th and 15th; and March 1st, 5:15 p.m.-6:45 p.m.

Certified instructor Rosemary Martilotta leads this class, which combines postural alignment, conscious breathing, deep relaxation and energy awareness. Bring a yoga mat or towel. There are no prorated rates for those who register for the series and have to miss any classes. No refunds or make-up classes will be available. There is a \$90 fee for this series. Walk-ins are \$20 per class. Payments can be made online via credit card or in person at the circulation desk via cash or check. Please note: There is no class on Wednesday, February 22nd.

Chair Strength and Stretch

Mondays, January 9th, 23rd and 30th, February 6th, 13th, 27th and March 6th, 9 a.m.

Please note: There is no class on January 16th or February 20th

Improve your strength, mobility, posture, balance and flexibility during seated (and some) standing exercises. You will use tubing, balls, bands and gliding discs. This one-hour class will keep you moving to the music of the 60s, 70s and 80s. This is a seven class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. No walk-ins; all participants must be registered in advance. *Please bring a pair of 3-4 pound dumbbells.* There is a \$35 fee for this series that can be made online via credit card or in person at the circulation desk via cash or check.

Medicare Counseling

Third Tuesday of each month, 1:30 p.m. - 3 p.m.

30-minute sessions, by appointment only, sign up online or call the Library. HICAP - a counseling service that assists Medicare-eligible persons with information about benefits, enrollment, insurance, and other options.

Make an appointment with our Social Worker, Seline

Thursdays 10 a.m. - 5 p.m.

Appointments and walk-ins welcomed! Seline is available to assist with housing, healthcare, supplemental nutrition, government assistance, employment, counseling, resume writing, voter registration, or simply someone to talk to. To make an appointment email, seline@mattlibrary.org or call/text 631-621-6229.

Souper Bowl of Caring, Help us support CAST!

Following the winter holidays the food pantry is often depleted, we will be collecting cans of soup and food for the month of January. This year's Super Bowl LVII is Sunday, February 12, 2023, as we get closer to the Super Bowl, keep an eye out for the donation bins at the Library, place donations in the bin of the team you are rooting for. Join us in supporting your favorite football team and CAST!

New Year, Old Collections

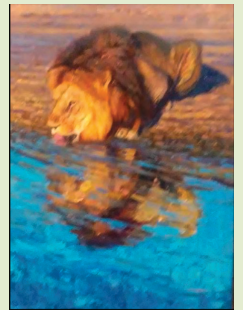
In the library lobby we have: a drop box for old American flags that the local VFW 861 collects for proper disposing, a bin for old glasses, so others can see, that the East End Lions Club collects, and a bin for old batteries to be disposed of properly.

In the Library Art Gallery

JANUARY/FEBRUARY 2023:

Group Show by Good Ground Artists

Good Ground Artists is an eclectic group of artists whose work ranges from traditional to abstract and surreal. Ground Artists has been exhibiting extensively in Suffolk County for over 10 years. Clovis Winery and the Water Mill Museum are just two places that exhibit our work annually. Our artists hail from Hauppauge to Southold, and from Moriches to East Hampton.



"Happy Hour" – D. McCarthy

CALL FOR ARTISTS: If you wish to exhibit your artwork at the Mattituck- Laurel Library, please contact our Gallery Coordinator, Diana Foster, at 631- 298-4134 ext. 110.

LIBRARY CLOSINGS & BOARD MEETING DATES

Library Closings:

New Year's Day - Sunday January 1, 2023
New Year's Day Observed - Monday January 2, 2023
Martin Luther King Jr. Day - Monday January 16, 2023
Presidents Day - Monday February 20, 2023

Board Meeting Dates:

Monday January 9, 2023, 6:00pm
Monday February 13, 2023, 6:00pm

Friends of the Mattituck-Laurel Library

President:
Dorothy Baumann

Secretary:
Linda Scholl

Treasurer:
Kelly Fogarty

Membership:
Loretta Buscemi
Jane Kropp



Friends Meeting Schedule

Meeting dates:
No meetings for January/February

Save the date! The Friends will be hosting an Irish Tea on Thursday, March 16, 2023, more information and sign up will be forthcoming.

Board of Trustees

Jim Underwood
President

Nick Timpone
Vice President

Katie O'Rourke
Secretary

Karenann Volinski
Treasurer

Colleen Grattan-Arnoff
Trustee

Peter Kren
Trustee

Mary Sanchez
Trustee