

# Mattituck-Laurel Library Newsletter



## September/October Adult Programs

Register online at [www.mattitucklaurellibrary.org](http://www.mattitucklaurellibrary.org)

Be sure to check out our monthly grab and go kits! Available at the reference desk.

### Literary Cafe

**Fri., Sept. 8th, 10 a.m.**

### Crochet and Chat

**Mondays, September 11th, 18th, 25; and October 2nd, 16th, 23rd and 30th 4 p.m.**

Do you enjoy crocheting? Join our informal crochet group weekly on Mondays to work on your project and chat with others who have the same hobby. Please bring your own crochet materials. No registration required. Please note that there is no meeting on Monday, 10/9.

### Beginners' Crochet Class

**Tuesdays, September 12th, 19th, 26th, October 3rd, 10th, 17th, 24th and 31st; 4:30 p.m.-6:30 p.m.**

Join crochet instructor Alice Jones as she teaches you basic crochet stitches in this introductory level class. All participants will finish this class with the skills they need to complete a crocheted hat or scarf. Participants must bring a crochet hook (any size between 6-9) and 1 skein of light-colored yarn. All registrants will be automatically signed up for all sessions.

### Spanish Conversation Group

**Tuesdays, September 12th, 19th, 26th, October 3rd, 10th, 17th, 24th and 31st; 12:00 p.m.-1:30 p.m.**

(for intermediate-level, non-native Spanish speakers) Looking to brush up on your Spanish-speaking skills? Join us for Spanish Conversation Group. This group is for intermediate-level non-native Spanish speakers looking to improve their Spanish conversation skills. To register, please email Elise Calabrese at [eac11952@gmail.com](mailto:eac11952@gmail.com).

### Atlantis Explorer Boat Tour at Long Island Aquarium

**Mon., Sept. 18th, Check in begins at 9:00 a.m.; Departure at 9:30 a.m.**

Get ready for an interactive and educational 1.5 hour adventure aboard the Atlantis Explorer down the Peconic River into Flanders Bay. This tour conducted by Aquarium Educators is a fascinating way to discover the ecological wonders of Long Island waterways. Meet at the dock, located behind the LI Aquarium, East Main St., Riverhead. Registration required. Discounted Fee: \$10 (non-refundable)

### Sound and Tuning Fork Therapy

**Tues., Sept. 12th, 5:30 p.m.**

Tuning Forks are a non-invasive modality used to balance the nervous system and create an inner harmony. Join Donna Nesteruk for this informational workshop. She will discuss the benefits of using the forks, how they are used alongside acupuncture meridians and chakras and how to use the forks to achieve desired results.

### Once Upon an Island: Caribbean BBQ with Pitt Master Brian Collins

**Thurs., Sept. 14th, 5:30 p.m.**

Pitt master Brian Collins brings a taste of the Caribbean to Long Island. Jerk Chicken, Cuban Style Pulled Pork, Rice and pigeon peas with Caribbean Slaw are on the menu. This program is co-sponsored by Cutchogue-New Suffolk Free Library and Southold Free Library. There is a \$10 non-refundable fee for this program.

### The New York Exceptions: Doo Wop from the 50s, 60s and 70s

**Sat., Sept. 16th, 2 p.m.; Rain Date: Sun., September 17th, 2 p.m.**

Join us as the NY Exceptions play your Doo-Wop favorites from the 50s, 60s and 70s. Please be advised that this event will be taking place outdoors on our library's Greenspace. Dress accordingly and bring a lawn chair. Rain date is Sunday 9/17/23 at 2:00 p.m. This program is co-sponsored by Cutchogue-New Suffolk Free Library.

### Rollicking Measures: Writing Poetry in Response to Art

**Tues., Sept. 19th, 11 a.m.**

(This is a three-week workshop: 9/19, 9/26, and 10/3; however, you can join any session to learn, in abbreviated form, how it's done.) In this workshop we will show you how to write a poem in response to a work of art. You don't have to be a poet or a writer – just someone who enjoys art. At the end of the workshop, you will have a frameable keepsake. Please register on our website.

### Ukulele for Beginners

**Tuesdays, Sept. 19th, 26th, October 3rd, 5:30 p.m.-7:00 p.m.**

You can learn to play the ukulele! In these beginner sessions, Kim Caldwell will teach you the basics you need to know to get going on this popular instrument. You'll learn the most popular chords and strumming patterns and you will come away with a few songs under your fingers. Students should come to the first class session with their own ukulele.

### Turner: The Man Who Set Painting on Fire

**Wednesday, Sept. 20th, 11:30 a.m.**

Turner showed exceptional artistic talent from an early age and entered the Royal Academy at age fourteen. His expressive coloring and imaginative landscapes astonished viewers; his turbulent, often violent seascapes exposed a darker side. From Simon Schama's Power of Art series.

### A Taste of Italy: Cooking Demonstration with Chef Rob

**Wednesday, Sept. 20th, 5:30 p.m.**

Enjoy a cooking demonstration and tasting featuring Grilled Sweet Sausage with a Caprese Relish over Ciabatta Bread Crostini with Grilled Scallions, Plum Tomatoes and Mascarpone with a Balsamic Drizzle. There is a \$10 non-refundable fee for this program.

### East End Libraries Present: Chronic Obstructive Pulmonary Disease (COPD)

**Thurs., Sept. 21st, 12 p.m.**

COPD (Chronic Obstructive Pulmonary Disease) is a group of lung diseases that block airflow and make it difficult to breathe. COPD is a progressive disease that affects more than 15 million adults in the U.S., more than half of which are women. Emphysema and chronic bronchitis are the most common conditions. Dr. Kashif Hussain, board-certified in Pulmonary Disease and Critical Care Medicine, and on staff at Stony Brook Southampton Hospital, will discuss the causes and risk factors, symptoms, diagnosis, and treatment, as well as strategies for living successfully with COPD. Hosted by North Shore Public Library via Zoom.

# September/October Adult Programs

For programs that require a registration fee, the fee may be paid online, or in person at the circulation desk.

## **Transforming Your Life: The Four Agreements via Zoom**

**Thurs., Sept. 21st, 4:00 p.m.-5:30 p.m.**

Based upon The Four Agreements by Don Miguel Ruiz, the concepts presented during this webinar are simple to understand and the actions suggested are doable once we become aware of the ego's desire to undermine all positive change. This webinar provides a roadmap to comprehending the necessity of "waking up and rising out of the fog" and thus becoming conscious of our thoughts and actions. Reading the book prior to this program is recommended but not required.

## **Invitation to the Opera: Manon**

**Wed., Sept. 27th, 1 p.m.**

Manon is the story of the destructive love between two young dreamers, and about the rise and fall of a woman who fantasizes about a life of endless material pleasures.

## **Create More Joy in Your Life: Vision Board Workshop**

**Wed., Sept. 27th, 5:30 p.m.**

Discover what matters most to you as Linda Mazza, certified life coach, guides you through a series of exercises. Then, create your own vision board using pictures, words and stickers that will move you toward your goals. Your vision board will reflect your desires, whom you want to be and what you want to do, and give you a clear direction for turning these goals and dreams into reality.

## **Free Educational Medicare Seminar**

**Tues., Oct. 3rd, 10 a.m.**

In this educational presentation, we examine how a senior can navigate the changes to Medicare as well as receive all the benefits they are eligible for. Often, we hear of the medical nightmares that seniors go through, and it is our mission to address these concerns.

## **Sichelschnitt: Germany Moves West in 1940**

**Tues. Oct. 3rd, 6:30 p.m.**

After World War II, the German campaign plan for the Battle of France became known as *Sichelschnitt*, the "Scythe Cut," to describe the Wehrmacht's success, in 1940, in cutting through Holland, Belgium, Luxembourg, and France, and driving England off the continent – all in six weeks. Our presentation will bring the campaign to life as well as clarify persistent myths.

## **Van Gogh: Painting the Pulse of Life**

**Thurs. Oct. 5th, 11 a.m.**

Van Gogh thought of his art as a consolation for our mortality. It wasn't the art crowd he was after; what he wanted was to open the eyes and the hearts of everyone. His paintings are pulsing with brilliant color and life. From Simon Schama's *Power of Art* series.

## **Reversible Scarecrow/Snowman Wooden Sign with Paint Party L.I.**

**Tues., Oct. 10th, 5:30 p.m.**

With guidance from the instructor, patrons will create their very own 8" x 20" reversible, wooden scarecrow/snowman decoration. There is a \$10 non-refundable fee for this program.

## **The Beauty of Holiness: Duccio and Giotto**

**Thurs., Oct. 12th, 1 p.m.**

At the end of the 13th century, the brilliant panel paintings of Duccio (Siena) and Giotto (Florence) began a revolution in art, displaying a greater realism than had been found in Byzantine art. Many of the paintings show an elegance and delicacy of line.

## **Lucy Without Desi via Zoom**

**Thurs., Oct. 12th, 6pm**

Before I LOVE LUCY, Lucille Ball was an accomplished motion picture actress starring alongside such screen veterans as The Marx Brothers, Gene Kelly, Katherine Hepburn, Fred Astaire and more. When her beloved sitcom and marriage to Desi Arnaz concluded, Lucy continued as the First Lady of Television by re-inventing herself in The Lucy Show and Here's Lucy. This program is co-sponsored by Southold Free Library.

## **Literary Cafe**

**Fri., Oct. 13th, 10 a.m.**

## **East End Libraries Present: Breast Cancer Awareness, via Zoom**

**Thurs., Oct. 19th, 12 p.m. -1 p.m.**

October is Breast Cancer Awareness Month! Dr. Edna Kapenhas, who leads the breast surgery and breast surgical oncology program at Stony Brook Southampton Hospital will speak about the risk factors, warning signs, and treatment options that are available to patients diagnosed with breast cancer.

## **Explore the Art of Pizza**

**Thurs., Oct. 19th, 5:30-7:00 p.m.**

Join Gaetano Giordano as he walks us through the history of pizza, followed by a pizza dough recipe demonstration and instructions on how to cook a delicious pizza at home. Patrons will receive a tasting and walk away with a new appreciation of pizza. This program is co-sponsored by Southold Free Library.

## **September Reading: Castan & Canio**

**Thurs., Sept. 21st, 1 p.m. Greenspace**

Award-winning poet Fran Castan will be reading new and published works. Canio Pavone, founding owner of fabled "Canio's" bookstore in Sag Harbor, will be reading his translation of poet Lalla Romano.

## **Estate Planning 101: Protect Your Assets and Family**

**Tues., Oct. 24th, 10 a.m.**

Attorney Jay Sheryll of Sheryll Law, P.C., will be discussing common concerns like; how to avoid Probate, How to Protect your hard earned assets and more! We will be discussing common tools such as Wills, Revocable Trusts, and Irrevocable Trusts to provide you with information to make educated decisions about your future. Estate planning is more than a will. Join us to learn more about your estate planning options and address your concerns.

## **Peruse How Infinite I Am: Emily Dickinson's Voice(s) – via Zoom**

**Tues. Oct. 24th, 6:30 p.m.**

In her poetry Dickinson had as many voices as Shakespeare had characters. This presentation will introduce you to a number of her voices: comic and coy, satiric, oracular, scornful, dissembling, wounded, joyful, and tender (to name a few). Register on our website under "Programs" for the above date.

## **Book Discussion: Invasion of the Body Snatchers by Jack Finney**

**Thurs., Oct. 26th, 4 p.m.**

## **Film: "Invasion of the Body Snatchers" (1956)**

**Fri., Oct. 27th 1:30pm**

Read the book and engage in conversation with our book discussion group on Thursday, October 26th. Then join us on Friday, October 27th, to watch the 1956 film, "Invasion of the Body Snatchers."

## **Alternate Thursday Films, 1:30 p.m. (Titles are subject to change)**

**Lady Bird (2017) 1 hr 33 min;**

Sept. 14, 2023 showing.

Lady Bird is a warm, affecting comedy about a high schooler.

**"Touch of Mink" (1962) 1 hr 39 min;**

Sept. 28, 2023 showing.

Love arrives with a splash with Cary Grant and Doris Day.

**"I, Claude Monet" (2017) - 1 hr 26 min; Oct.**

12, 2023 showing. Monet's life told in his own words in an unforgettable, immersive art experience.

**"Monsieur Lazhar" (2011) 1 hr 34 min;**

October 26, 2023 showing. An Algerian immigrant teacher in Quebec helps a child who had been traumatized.

## **Invitation to the Opera: Der Rosenkavalier**

**Wed., Nov. 1st, 1 p.m.**

Der Rosenkavalier features Renee Fleming in her signature role as Marschallin, and Susan Graham as Octavian. We go to Rosenkavalier to see love at first sight, to see Marschallin accept the march of time with dignity, and to hear the sumptuous music of Richard Strauss.

# Youth and Parenting Department

Please register for programs using the online calendar. Registration begins Monday, August 29th.

## BIRTH-PRESCHOOL

### Babies Boogie

**Thur., September 14, 10 a.m.**

Ages Birth – 2 years

Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

### Toddlers Tango

**Thur., September 14, 11 a.m.**

Ages 25 months – 3 years

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

### Bilingual Story Time

**Mon., September 18, 4 p.m.**

Ages 3- 5 preschool (with caregiver)

Come celebrate stories of diversity! Learn about the journey of the Monarch Butterfly to Mexico, through the story of "The great migration of Mari and Lucia". Puppeteer/Storyteller, Carmen Campos, will be using a Crankie theater to share this bilingual tale with puppets!

### Parent/Child Rhyme and Play

**Wed., September 20 –October 4, 10 a.m.**

Birth – 3 years

Join us for nursery rhymes, puppets, stories, and action songs.

### Babies Boogie

**Mon., October 2, 4 p.m.**

Ages Birth – 2 years

Enjoy this high-energy, interactive movement and music program. Program presented by Nicole Sparling.

### Toddlers Tango

**Mon., October 2, 5 p.m.**

Ages 25 months – 3 years

A high energy experience with fun musical props for you and your toddler. Program presented by Nicole Sparling.

### Baby Music

**Fri., October 6, 4 p.m.**

Birth – 12 months

Join Happy Feet with your little one and share songs, instruments, sensory play and socialization.

### Musical Kids

**Fri., October 6, 5 p.m.**

Ages 3 years – 5 years preschool

Join Happy Feet with your preschooler for some kinesthetic learning through music, movement and instrument play.

## KINDERGARTEN – 6TH GRADE

### LEGO Grades 4-6

**Tues., September 12, 4 p.m.**

Grades 4-6

Use library LEGO to create your design. We will place it on display in our LEGO case.

### Tail Waggin' Tutor

**Mon., September 11, 4 p.m.**

Grades K-6th

Sitting down and reading out loud to a dog creates a fun and safe experience. Each child will have a 10 minute reading slot.

### BUTTERFLY PUPPETS & PUPPET MAKING WORKSHOP

**Mon., September 18, 5 p.m.**

Grades 2 - 6

Join Carmen for bilingual stories, butterfly puppets and a puppet-making workshop. Carmen has been an educator for more than 30 years and uses puppets to introduce the audience to indigenous tales and stories about South America. Carmen, who creates her own puppets, will end with a puppet-making workshop.

### Bean Mosaic Art

**Wed., September 20, 4 p.m.**

Grades 4-6

Be creative with dried beans, canvas and glue.

### Drop In Retro Video Games

**Thur., September 21, 2-4:30 p.m.**

Join us in the Tween Place and enjoy out some old school games.

### LEGO Grades 2 -3

**Mon., September 25, 4 p.m.**

Grades 2-3

Use library LEGO to create your design. We will place it on display in our LEGO case.

### Don't Push the Button

**Tues., September 26, 4 p.m.**

Grades K-3

Enjoy this story by Bill Cotter and try to NOT push the button. Make a craft to take home.

### MINECRAFT – The Big Bad Wolf

**Thur., September 28, 4 p.m. – 6 p.m.**

Grades K-3

Join TD3 Innovative Gaming and take to the woods to escape the big bad wolf. Work to build a secure house just like the three little pigs. How many of our three houses will keep out the big bad wolf? Minecraft accounts will be provided. Just bring yourself. Expect to stay for 2 hours.

### Wii Games

**Tues., October 3, 2 - 4:45 p.m.**

Grades 3-6

Drop in and enjoy some games on our big screen.

### Bat Tin Punch

**Thur., October 5, 4 p.m.**

Grades 3-6

Join Judy Wilson in this noisy workshop, to create a shiny decoration to hang in a window! Glow in the dark beads and your creativity with markers add a spooky autumn touch!

### Constellation Viewer

**Thurs., October 12, 4 p.m.**

Grades K-1

Enjoy learning about the constellations and make your own "Home Depot" kit here at the library.

### LEGO Grades K-1

**Tues., October 16, 4 p.m.**

Grades K-1

Use library LEGO and to create And place on display in our LEGO Case.

### Tail Waggin' Tutor

**Mon., October 23, 4 p.m.**

Sitting down and reading out loud to a dog creates a fun and safe space. Each child will have a 10 minute reading slot.

# Youth and Parenting Department

## FAMILY PROGRAMS

### Apple Stories and Apple Pie in a Cup

**Monday, September 11, 4 p.m.**

Family Storytime. Enjoy apple stories and antics. Make an apple craft and enjoy apple Pie in a cup. (NOTE: We cannot guarantee food served at this program has not come into contact with tree nuts, soy, or other allergens.)

### Drop in Retro Video Games

**Thur., September 21, 2- 4:30 p.m.**

Stop in and enjoy some retro Games in the Tween Place.

### Great Give Back

The month of October the library is collecting Personal care items. All items will be donated to CAST.

Suggestions of items to drop off:

- Toothbrushes/Toothpaste
- Dental Floss
- Soap
- Socks
- Shampoo/Conditioner
- Deodorant
- Baby wipes/Diapers
- Feminine Products
- Shaving Products
- Hand Lotion
- Band Aids
- Toilet Paper
- Kleenex Tissues

### Jumbo Foam Construction Blocks

**Mon., 2 – Fri., October 6**

Drop in and Design in the Children's Room. The Jumbo Foam Construction Set is a realistic 99 piece block set for colossal constructions! Soft, lightweight foam building blocks designed to look just like real cinder blocks, bricks, planks and concrete pavers. Light and safe foam bricks and planks are easy for kids to build tall structures without fear of heavy blocks tumbling down on kids. Develop fine and gross motor skills while encouraging creativity and constructive problem-solving. Recommended for ages 2 and up.

### Storytime with an Owl

**Wednesday, October 4, 4 p.m.**

Join Evelyn Alexander Wildlife Rescue and enjoy storytime with an Owl. Then paint a ceramic owl with us.

### Drop in Retro Video Games

**Fri., October 6, 2- 4:30 p.m.**

Stop in and enjoy some retro Games in the Tween Place.

### Pumpkin Pick Up

Pick up a family pumpkin starting Wednesday October 11th through Thursday October 12th. Carve out and design your pumpkin. Bring it back by 2 p.m. on Friday the 13th. Come back between the hours of 5:30 p.m. – 7:30 p.m. and enjoy.

### Lighted Pumpkin Display

**Friday, October 13, 5:30 – 7:30 P.M.**

**Families.** Join us in the green space for a fun fall time. Enjoy games, make a themed craft and enjoy the pumpkin display. Watch those singing pumpkins again while enjoying popcorn, face painting and balloon twisting.

### GOBLIN GLOVES

**Tues., October 17, 4 p.m.**

For Families

Join us for some October Themed Stories And then make a stuffed goblin out of a Knitted glove.

Visit our newest collection Book to Movie. We will be showing some of these movies. Movie Monday in the Tween Place Stop in a catch a movie along with a bag of popcorn.

### MATILDA

**Mon., September 18, 4 – 6 p.m.**

Based on the book by Roald Dahl.

Matilda is a super-smart little girl who's sadly misunderstood by her parents, her brother, and an evil school principal. With the help of a brave best friend and a wonderful teacher, Matilda discovers she doesn't have to get mad to get even.

### SPIDERWICK CHRONICLES

**Mon., October 23, 4-6 p.m.**

Based on the book by Holly Black and Tony DiTerlizzi. The Field Guide is the first book in the series that introduces nine year old identical twins Jared and Simon Grade along with their sister Mallory and their adventures while staying at their Great Aunt Lucinda's worn Victorian House. The discovery of a field guide to fairies and other creatures starts them on a journey of unusual experiences.



Registration begins August 28th

## ONGOING EVENTS:

### September Grab and go: Mini canvas art (Community Service Opportunity!)

Get ready for fall by painting on a mini canvas! Any teen who brings back their artwork to loan to the teen space for decoration will get 1 hour of community service.

### October Grab and go: Decorate your own Fall Wreath

Teens are invited to celebrate the season by making their very own Fall Wreath. Great decoration for any space! Kits include a wreath, leaves, pumpkins, garlands and other autumn decor.

### Girls Who Code

**Grades 9th-12th: Mondays starting September 18th 4-5pm**

**Grades 7th-8th: Thursdays starting September 21st 3-4pm**

Teens are invited to join GWC at the Mattituck Library! Girls Who Code is an organization that strives to close the gender gap in the computer science field. In this program teens will learn coding, problem solving techniques, project management and more.

### Navigating College Admissions Successfully in 2023 via Zoom

**Wed., September 27th, 7pm**

**Tues., October 17th, 7pm**

This presentation will be led by Ron Feuchs and Jackie Tepper, partners at Stand Out for College, LLC. ([www.standoutforcollege.com](http://www.standoutforcollege.com)) They are offering this Zoom presentation to help families understand how the lingering effects from the pandemic have changed the college admissions landscape and how it affects juniors, sophomores and freshmen. \*This is not a library sponsored program.\*

### Community Service Opportunities:

Please email [marissa.timm@mattlibrary.org](mailto:marissa.timm@mattlibrary.org) for any community service inquiries.

### 120 Anniversary Celebration

**Saturday, September 16th, 10am-4pm**

We are looking for 2 volunteers to help us with the 120th library anniversary celebration! Responsibilities include but are not limited to setting up, handing out refreshments and clean up. Anyone interested in volunteering please email Marissa at [marissa.timm@mattlibrary.org](mailto:marissa.timm@mattlibrary.org).

### Great Give Back: Donations Month of October

This year for the Great Give Back the library is doing a Toiletries drive! Teens will receive 1 hour of community service for every 2 items donated.

### Pumpkin Event Volunteers

**Friday, October 13th, 4-8pm**

We are looking for volunteers for our annual Pumpkin Event taking place Friday, October 13th. Volunteer work would include set up and break down, running the lawn games and more. Anyone interested in volunteering please email Marissa at [marissa.timm@mattlibrary.org](mailto:marissa.timm@mattlibrary.org).

### Grab and Go Kits (Ongoing)

Come see Marissa at the Teen Services Desk for the kits.

- \*Write a Book Review from our 'New Books' section.
- \*Kindness Rocks.
- \*Community Service Bingo.
- \*Braided Dog Toys.
- \*Letters to Veterans.
- \*Decorate a Bookmark.
- \*Letters to seniors.
- \*Follow us on social media: Facebook (Mattituck-Laurel Library.) Instagram (@matt\_teens.)

## PROGRAMS:

\*Each time you register for a program you will get a raffle ticket towards an Amazon Gift Card!\*

### Teen Advisory Board (Community Service Opportunity!)

**Fri., September 15th, 3pm**

Hang with your peers, eat pizza and earn community service too! TAB is a great way for teens to have a say about the library space, programs and the collection.

### Cross Stitch Key chain

**Tues., September 19th, 4pm**

Come to the library to learn cross stitch! Teens will be able to make their own cross stitch key chain.

### Back to School Crafts

**Thurs., September 21st, 4pm**

Go back to school in style with our DIY crafts. Teens will be able to create their own magnetic dry erase boards, mini magnets, tote bags and duct tape pencil cases! Each craft will have its own station, and teens will be allowed to do one or ALL of these fun crafts!

### Chef Rob's Soft Batch Pumpkin Snicker Doodle Cookies

**Sept 25th - while supplies last.**

Register for this fun and delicious grab and go kit to make with your friends or family!

### CHUCK-A-PUMPKIN Catapult Challenge at Cutchogue New Suffolk Free Library

**Friday, Oct. 6, 5:30-7:30pm**

Think you and your team have what it takes to launch your pumpkin the furthest? Get ready for some excitement as Jonathan Greene, technology engineer from Brookhaven National Lab, explores different strategies with 3D printed catapults. Then get ready to test how far you can chuck your pumpkin. Winning team will receive trophies and a prize! Join the fun.

### A Parent's Guide on How to Pay for College (Virtual)

**Wednesday, Oct. 11, 7:00-8:00pm**

Register to receive your zoom link. For teens and parents. This webinar will introduce various financial aid options and focus on some of the major college planning mistakes families should avoid. It will also reveal unique techniques to reduce the Expected Family Contribution (EFC) with the new FAFSA rules that can save thousands on college costs. Register in advance here: <https://bit.ly/suffolk10>.

### Pumpkin Carving (Community Service Opportunity!)

**Thurs., October 12th, 4-6pm**

In this program teens can help carve pumpkins for our Pumpkin Event on Friday October 13th. Teens who participate in this program will be eligible for two hours of community service.

### Lay's Potato Chip Taste Test Challenge

**Thurs., Oct. 26th, 5:00-6:00pm**

Teens are invited to compete against their peers and try and guess the Lay's potato chip flavor! The winner will receive a prize.

# On-Going Classes/Services & Book Discussions

## Yoga

### Wednesdays:

**Sept. 6th, 13th, 27th; Oct. 11, 18, 25; Nov. 1st**

Certified instructor Rosemary Martilotta leads this gentle yoga class, which combines postural alignment, conscious breathing, deep relaxation and energy awareness. All abilities welcome. Bring a yoga mat or towel. This is a 7-class series. There are no prorated rates, refunds or make-up classes available for those who register for the series but have to miss a class. There is a \$90 fee for this series. Walk-ins \$20 per class. Payments can be made online via credit card or in person at the circulation desk via cash or check.

## Chair Strength and Stretch

### Mondays:

**Sept. 11th, 18th, 25th; Oct. 2nd, 16th, 23rd and 30th**

Fitness instructor Laurie Short will help you improve your strength, mobility, posture, balance and flexibility during seated (and some) standing exercises. You will use tubing, balls, bands and gliding discs. This one-hour class will keep you moving to the music of the 60s, 70s and 80s. This is a 7-class series. All registrants will be automatically enrolled in all classes. There are no prorated rates available for those who have to miss any classes. No refunds or make-up classes will be available. No walk-ins; all participants must be registered in advance. \*Please bring a pair of 3-4 pound dumbbells.\* There is a \$35 fee for this series that can be made online via credit card or in person at the circulation desk via cash or check.

## Medicare Counseling

**Third Tuesday of each month, 1:30 p.m. - 3 p.m.**

30-minute sessions, by appointment only, sign up online or call the Library. HICAP - a counseling service that assists Medicare-eligible persons with information about benefits, enrollment, insurance, and other options.

## One-on-One Technology Appointments

**Mondays and Wednesdays in October**

By appointment. (This service will not be available in September.)

Schedule an appointment with our technology librarian, Chloe, if you have questions about a device, the Internet, e-books or any other software issue. Please come prepared with a specific question, fully-charged device and know your passwords. Time slots are 30 minutes long. It may be necessary to schedule a follow up appointment if the issue is complex.

## In the Library Art Gallery

### SEPTEMBER 2023: BIRDS BIRDS BIRDS: CHRONICLES OF AN AVIAN ARTIST - RANDI KLEIN, PHOTOGRAPHY



"Copper-rumped Hummingbird" - R. Klein

Sooner or later, we all dip our beaks into the world of bird watching. Some have a mentor to guide them. Others wonder "what bird is that?" and consult their library's copy of Sibley's or Peterson's Field Guides. Either way, the thrill of avian life is certain to capture your imagination and jumpstart your birding chapter.

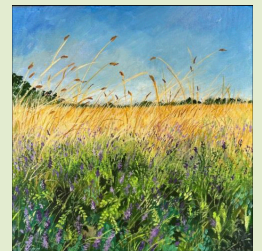
Armed with her trusty Lumix camera, graphic designer (and novice birder) Randi Klein chronicled an immature Eastern Screech Owl branching out into her vegetable garden, a Marbled Godwit strutting its stuff in front of a crowd of Black Skimmers and the charm of a Copper-rumped Hummingbird on a balcony in Trinidad.

Birds Birds Birds celebrates the whimsical delights of discovering the wild world of birding through Randi's vibrant photography and humorous illustrations!

All are welcome to stop in for a chat and a dose of inspiration at an artist's reception being held in the Library's Art Gallery on Sunday, September 10th, from 1 - 3 p.m.

### OCTOBER 2023: "A COMMON THREAD" - GROUP SHOW

"A Common Thread" is a diverse exhibition of work by Lisa Baglivi, William Behrle, Jeanne Fallot, Patricia Feiler and Lee Harned. All five local artists are retired educators who continue to vigorously create art in their own unique way. Together they share a common commitment to inspire, encourage and support each other as well as students, former students and fellow artists. Their enthusiasm is woven throughout their lives by their ongoing participation in and organization of workshops, exhibitions and active memberships in local arts organizations. The exhibit will include paintings in oil, acrylic and watercolor, pastels, prints, collage and assemblage. An eclectic and fascinating collection of work.



"Gentle Breeze" - L. Harned

All are welcome to an artist's reception being held in the Library's Art Gallery on Saturday, October 7th, from 2 - 4 p.m.

**CALL FOR ARTISTS:** If you wish to exhibit your artwork at the Mattituck- Laurel Library, please contact our Gallery Coordinator, Diana Foster, at 631- 298-4134 ext. 110.

## FEATURED EVENTS

### Budget Vote & Trustee Election

Kindly lend your support to the library by participating in the budget vote and trustee election scheduled for Tuesday, September 19th, 2023, between the hours of 9am and 7pm. Your vote matters!

### Bev's Book Challenge

Mark your calendars for two exciting literary events: the September Book Challenge kicks off on September 5th with sign-ups starting at 10 am, and the October Book Challenge begins on October 2nd, also with sign-ups beginning at 10 am. Don't miss out!

### The Great Give Back

October. Participate in the Great Give Back this October and contribute personal hygiene products that will be given to the CAST pantry through your generous donation.

### Lighted Pumpkin Display

**Fri., Oct. 13th, 5:30 p.m. - 7:30 p.m.**

Explore the captivating display of illuminated pumpkins in our outdoor greenspace, where a delightful assortment of family-friendly activities awaits, don't miss out on the opportunity to partake in a craft with the Zeifman Orthodontics team. Don your most creative costumes and join the merriment – all are encouraged to take part. Select a family pumpkin starting from Wednesday, October 11th through Thursday, October 12th. Unleash your artistic prowess as you carve and design your pumpkin masterpiece, then kindly return it by 2pm on Friday the 13th.

### 2023 Annular Solar Eclipse

**Saturday October 14th starting at 12:13pm**

In Mattituck the maximum coverage of the sun will be 20.6% at 1:23pm. We have safe solar eclipse viewing glasses for library patrons and there will be activities in the greenspace.

### Trunk or Treat @ Cutchogue East Elementary School Fri., Oct. 20th 5 p.m - 7 p.m.

Drop by the Cutchogue East trunk or treat event, hosted and sponsored by the PTA, where you can meet the library team. The SLED from SCLS will be creatively adorned for your delight, and our library staff will be distributing treats for all to enjoy!

### In Honor of Paula Shengold

From a donation by Christie Taylor in honor of Paula Shengold, your library has purchased three poetry books. Paula attended library presentations on art and poetry, and she participated in numerous book discussions. With her friend Joan Prager, Paula also sponsored the annual "Poetry for Peace" writing contest for school children on the North Fork. The titles of the poetry books purchased in her honor are: *To the Realization of Perfect Helplessness* by Robin Coste Lewis, *The Interior Landscape: Classical Tamil Love Poems*, and *West: A Translation* by Paisley Rekdal. Each book will contain a bookplate dedication.

## MUSEUM PASSES AVAILABLE FOR OUR PATRONS



### ENJOY ALL OF OUR CITY MUSEUMS THIS SUMMER!

**The Intrepid Sea, Air, and Space Museum** features the World War II aircraft carrier with dozens of authentic aircraft; the Space Shuttle Enterprise, NASA's first orbiter; and more.

**The American Museum of Natural History** features the new Gilder Center with butterfly vivarium; the new Hall of Gems; special exhibits on sharks, invisible worlds, and the Serengeti.

**The New York Historical Society** features the DiMenna Children's Museum, the Gallery of Tiffany Lamps, Meet the Presidents and Inside the Oval Office, and more.

**The Guggenheim Museum** features Sarah Sze's meditation on how our digitally and materially saturated world shapes the way we experience time and place; also young Picasso in Paris.

**The Frick Madison** presents the Frick's paintings, sculpture, and decorative arts, reframed in a distinctive, iconic setting. Organized chronologically and by region, this critically acclaimed presentation allows for fresh juxtapositions and new insights.

**Cooper-Hewitt Smithsonian Design Museum** features innovative interactive galleries, the language of symbols, and designing for peace.

### Our Long Island Museums include:

Children's Museum of the East End; Harbes Barnyard Adventure; Heckscher Museum of Art; Landcraft Garden; The Long Island Museum of Art, History, & Carriages; The Long Island Science Center; Old Westbury Gardens; Parrish Art Museum; and the South Fork Natural History Museum & Science Center.

**LIBRARY HOURS**

Monday – Friday: 9 a.m. to 7 p.m.  
Saturday: 10 a.m. to 4 p.m.  
Sunday: 1 p.m. to 4 p.m. (Sept. – June)

**Director:** Shauna Scholl, ext. 105

**Reference:** Sara Colichio, ext. 107

**Youth and Parenting Services:** Karen Letteriello, ext. 112

**Teen Services:** Marissa Timm, ext. 113

**Reader’s Advisor:** Bev Wowak, ext. 104

**Tech Services:** Linda Scholl, ext. 111

**Mattituck-Laurel Library**

P.O. Box 1437, Mattituck NY 11952

Phone: (631) 298-4134 Fax: (631) 298-4764

<https://mattitucklaurellibrary.org>

*A Guide to Your Library’s Programs, Events & Services*

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Mattituck, NY  
11952

**Postal Patron**

**Friends of the Mattituck-Laurel Library**

The Friends extend their gratitude to the following establishments for their generous contributions to the Library’s end of summer celebration. Their support played a pivotal role in the event’s success.

*Handy Pantry (hot dogs & rolls), Martin Sidor Farms, Inc. (North Fork Potato Chips), Mattituck Market Place (carrots) & Magic Fountain (ice cream cups).*

The Friends express their gratitude to the nearby establishments listed below for their generous contributions to our monthly raffle. The funds generated from the raffle will go towards bolstering the scholarship fund.

*Ammirati’s, Hampton Coffee, Blue Duck Bakery Cafe, CJ’s Grill, Vintage Mattituck Wine & Spirit, Braun Seafood, Love Lane Kitchen, Lenz Winery, Touch of Venice, Goldberg’s Bagels, Roanoke Vineyard/Love Lane, Pellegrini Vineyards, The Village Cheese Shop, Orlowski Hardware.*

*Friends Meeting Schedule*



**Meeting dates:**  
**Tues., September 19th, 9:30am**

**LIBRARY CLOSINGS & BOARD MEETING DATES**

**Library Closings:**

**Monday September 4, 2023**  
**Columbus Day - Monday October 9, 2023**

**Board Meeting Dates:**

**Mon., September 11, 6pm**    **Mon., October 16, 6pm**

**Board of Trustees**

Jim Underwood President	Nick Timpone Vice President	Katie O’Rourke Secretary	Karenann Volinski Treasurer	Colleen Grattan-Arnoff Trustee	Peter Kren Trustee	Mary Sanchez Trustee
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# Mattituck-Laurel Library – Long Range Planning Survey

In order to better understand and serve our patrons, the Mattituck-Laurel Library is seeking your input! Your response will greatly help us plan for the future so that we can continue serving you in the best ways possible. For your convenience, this survey is also available by hard copy at the Library. Please respond by December 1, 2023.

Do you have a Library card?  Yes  No

Residency  Full-Time Resident  Part-Time Resident

How often do you visit the Library?

- Daily
- Weekly
- Monthly
- Yearly

Why do you use the Library? (Check all that apply)

- Children's programs
- Adult programs
- Teen/Tween programs
- Research/Sit quietly and read/Study alone or with a tutor
- Newspapers/Magazines
- Check out materials
- Public computers
- Flexible/Remote workspace
- Group meeting space

How satisfied are you with the Library hours of operation? \_\_\_\_\_  
(scale 1 through 5 with 1 being not satisfied and 5 being very satisfied)

How satisfied are you with the Library's seating areas and work space? \_\_\_\_\_  
(scale 1 through 5 with 1 being not satisfied and 5 being very satisfied)

How satisfied are you with the Library's public meeting rooms? \_\_\_\_\_  
(scale 1 through 5 with 1 being not satisfied and 5 being very satisfied)

How satisfied are you with the Library's accessibility/ADA compliance? \_\_\_\_\_  
(scale 1 through 5 with 1 being not satisfied and 5 being very satisfied)

What type of programs/services would you like to see the Library offer more of?  
(Check all that apply)

- Cultural/Educational lectures
- Book clubs
- Technology and computer workshops
- ESOL classes
- Cooking classes
- Exercise and fitness programs
- Entertainment programs and concerts
- Arts and crafts workshops
- Other

Do you use Live-brary.com? (Libby)  Yes  No

Would you support a Library renovation?  Yes  No

What improvements would you suggest the Library make to the building and or grounds?

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